



THE INSTITUTE FOR LEARNING IN RETIREMENT INC.

Course Catalog

"Ancora Imparo—I'm still learning" - Michelangelo, Age 87

Fall 2022

In-person classes back on the calendar

Inside

See a line-up of the classes, some in the classroom, others presented via Zoom, starting on Page 3.

ILR President Joel Feimer talks about the Fall Semester. Page 1

Learn about ILR's expert instructors. Page 18

See news about ILR. Page 22

It's easy to get on a class over Zoom. Instructions on Page 24.

Don't forget sign up for classes. Online registration opens on Sept. 12

Fellow ILR Members:

Fall 2022 is almost upon us, but let's return to the last days of February 2020. In the dawning awareness that something momentous and dangerous was upon us, the ILR Board of Governors debated the need to cancel its classes. After taking that step, the board assessed the dangers of COVID-19 and developed a viable plan to take ILR through the pandemic.

We quickly offered classes via Zoom, for many an unknown entity. As a trial balloon, several SGLs developed courses on Zoom that would assess our ability to learn the platform and develop meaningful content for our members. The courses worked, although they didn't appeal to everyone. Nevertheless, ILR has relied on Zoom as its principal platform for six semesters, including the brief winter sessions. With the pandemic seeming to abate, we tentatively began to offer in-person classes once again.

The disease, however, refuses to dissipate. Its impact on ILR has been devastating. The pandemic has significantly depressed our



Joel Feimer

membership and enrollment.

With hope and optimism, however, ILR will again enlarge its in-person class offerings. We hope enlarging the list of our offerings at venues around the New Haven area will encourage former members to return and entice some newer clientele to join us.

Carolyn Starr, Annis Fusaris, Phyllis Gwatkin, and the Curriculum Committee have created a varied and challenging curriculum that will appeal to several of your interests. I know many of you like to indulge your intellectual curiosity by sampling widely. I am confident that our current list of classes will "fit the bill."

Rita Esposito and Pat Maiorino have provided the necessary support personnel, liaisons, Zoom hosts and co-hosts to render each class the success you expect.

I am excited by the makeup of our Fall 2022 semester. I know that you will be as well. I look forward to seeing an even larger number of you in our fall classes.

Should COVID necessitate it, we will adjust our offerings to ensure the health and safety of our fellow members. And, of course, our current COVID policies will remain in effect at all venues.

In closing, I would like to encourage you to submit any ideas you may have for future courses and SGLs to the Curriculum Committee or a member of the Board of Governors. Perhaps you might like to volunteer to offer a course yourself. It's an open invitation!

Meanwhile, to paraphrase my favorite chef, Happy Learning!

Warmest regards to all,

Joel N. Feimer

Joel N. Feimer
President
ILR Board of Governors

Officers and Board

Leadership in ILR is by a volunteer Board of Governors and officers who meet several times a year to develop our programs, set policy and oversee all operations of the organization. Officers are elected to one-year terms and the Board of Governors are elected to two-year terms.

Officers

President - Joel N. Feimer
Executive VP - Marcia Jamron
Secretary - Rita Esposito
Treasurer - Diane Olin
Co-VP Curriculum - Carolyn Starr
Co-VP Curriculum - Annis Fusaris
Ex-Officio - Susan Vallillo

Board of Governors

Eva Arnott
Jane Cerilli
Holly Chepow
Sue Cohen
Pat Donahue
Elisabeth Glynn
Phyllis Gwatkin
Ira Kleinfeld
Jean Maatta
Nick Maiorino
Pat Maiorino
Mito Mardin
Debbie McKeever
John Schneider

Your ILR Leadership Team

Nominating

Chair: Marlene Carolla
(203) 288-6612
Committee Members:
Jane Cerilli
Sue Cohen
Linda Sheehan

Technology

Chair: Robin Lewis
(203) 876-8137
Karen Fenichel
Beth Glynn
Mito Mardin
Susan Vallillo

Finance

Chair: Diane Olin
(203) 891-8922
Committee Members:
Sue Cohen
Joel Feimer
Marcia Jamron
Robin Lewis
Susan Vallillo

Strategic Planning

Chair:
Susan Vallillo
(203) 747-9675
Committee Members:
Jane Cerilli
Holly Chepow
Marcia Jamron
Robin Lewis
Nick Maiorino

Membership/ Registration

Chair & Registrar:
Susan Vallillo
(203) 747-9675
registrar@albertus.org

Curriculum

Co-Chairs:
Annis Fusaris
(203) 288-6093
Carolyn Starr
(203) 288-5313
Phyllis Gwatkin
(203) 795-4549
Committee Members:
Marc Blossveren
Betty Lou Blumberg
Jane Cerilli
Holly Chepow
Sue Cohen
Joel Feimer
Karen Fenichel
Susan Fitzgerald
Marcia Jamron
Ira Kleinfeld
Nick Maiorino
Jean Maatta
Mithat Mardin
Debbie McKeever
Mary Ann Nelson
Trish O'Leary
David Phelps

Ad Hoc By-Laws

Chair: Nick Maiorino
(203) 464-2712
Committee Members:
Sue Cohen
Rita Esposito

Social Events

Chair: Susan Galli
(203) 389-4732
Committee Members:
Sue Cohen
Marlene Carolla
Pat Donohue
Suzanne Eisner
Susan Fitzgerald
Linda Sheehan

Volunteers

Co-Chairs:
Rita Esposito
(203) 697-8966
Pat Maiorino
(203) 464-2712
Committee Members:
Betty Lou Blumberg
Jenny Briggs
Marlene Carolla
Jane Cerilli
Holly Chepow
Sue Cohen
Ann Dallavalle
Pat Donohue
Joy Duva
Karen Fenichel
Annis Fusaris
Susan Galli
Elizabeth Glynn
Serena Guerrette
Phyllis Gwatkin
Marcia Jamron
Rosalyn Klein
Helen Knutsen
Margaret Ligtenstein
Gayle Logan
Jean Maatta
Debbie McKeever
Joan Murphy
David Phelps
Linda Sheehan
Carolyn Starr
Susan Vallillo

Publications

Chair: Joan Murphy
(203) 314-6352
Committee Members:
Eva Arnott
Doug Fenichel
John Schneider
Susan Vallillo





THE INSTITUTE FOR LEARNING IN RETIREMENT

Fall Semester Course Index

F22-	Class Name	Page
<i>Mondays</i>		
01	Mission Planning for the SR-71 Blackbird Spy Plane	4
02	Photographs of New York Chinatown in the 1980s	4
03	The Museum of Modern Art Tour	4
04	Poetry Reading of Selected & New Work	4
05	Geopolitical Hotspots and Regional & Global Economics	5
<i>Tuesdays</i>		
06	Creative Writing	5
07	Short Hikes in Greater New Haven Area	5
08	Gangsters, Gambling and Glamour	5
09	A Humorous Look at Sex and Aging	5
10	The Maestro Returns to ILR	6
11	Liberalism—Yesterday, Today & Tomorrow	6
12	Elvis is Out There	6
13	Are You in Your Right Mind	6
14	Secret WWII Concentration Camp Diary of Odd Nansen	6
15	AI: Surveillance Technology	7
16	Benjamin Franklin's American Revolution	7
17	Shakespeare and Machiavelli	7
<i>Wednesdays</i>		
18	History of Science Fiction Literature & Film 1950-1985	8
19	Musical Partners: Science, Medicine & History	8
20	Russia-Ukraine-United Nations Engagement	8
21	Transgender Awareness	8
22	The Supreme Court: America's Mirror	8
23	The Evolution of Filmmaker Debra Granik	9
24	Creationism & Evolution: Can They Co-Exist	9
25	Canasta for Beginners	9
26	The Big Lie: What We Can Learn From History	9
27	Four Topics in American Music	9
28	Mah Jongg for Beginners & a Refresher for Others	10

F22-	Class Name	Page
29	Looking Back -Early 20th Century Pulitzer Prize-Winning Women	10
30	George Santayana's Reason in Religion	10
31	The Tower of Babel Story & Its Meaning	10
32	Mexican Food, Mexican Identity	11
33	How Society Remembers Those Previously Persecuted	11
<i>Thursdays</i>		
34	Identifying Raptors in Migration	11
35	Chaucer & Shakespeare Write About Love	12
36	The History of Sexism in the Scientific Community	12
37	I Talk to the Trees	12
38	Dante Makes the Final Ascent : Reading Paradiso	13
39	Art and Cuisine	13
40	Introduction to Watercolor	13
41	High Intermediate French Conversation	13
42	NXTHVN Fall Exhibition Tour	14
43	Yale Tour—The "Ivy" in Our Backyard	14
44	Intro to Norse Mythology:Reading The Poetic Edda	14
45	Landscapes for the Public Good: The Olmsted Heritage in Connecticut	15
46	Holiday Hors D'oeuvres	15
47	Early Modern Women Artists	15
48	Introduction to Genealogy	15
<i>Fridays</i>		
49	Masterpieces of American Short Fiction	16
50	Artistic Revolutions	16
51	Conversational German	16
52	The "Foodie Women" of NYC	16
53	Virtual Walk Along the Grand Concourse Bronx NY	17
<i>Saturdays</i>		
54	Me, Myself and I: The Neuroscience of Self and Personhood	17



Fall 2022 Classes

F22-01

Mission Planning for the SR-71 Blackbird Spy Plane

SGL: John Altson

Date: Monday, Oct. 3

Time: 10:30 a.m. - Noon

Sessions: One – Maximum 30

Location: Congregation B’Nai Jacob

Fee: \$5



A discussion of the development effort of the SR-71 mission-planning software. The course includes a video from an SR71 base commander, and takes a close look at the aircraft, and some of its missions, and history.

F22-02

Photographs of New York Chinatown in the 1980s

Date: Monday, Oct. 24

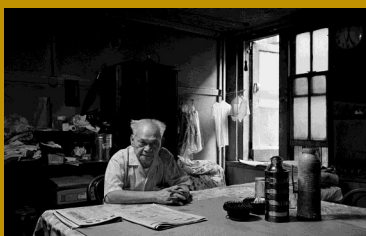
Time: 1:30—3:30 p.m.

Sessions: One – Maximum 30

Location: Congregation B’nai Jacob

Fee: \$5

Photographer Bud Glick will present his work documenting New York Chinatown in the early 1980s. For three years beginning in 1981, he photographed the New York Chinese community as part of the New York Chinatown History Project, now the Museum of Chinese in America. He earned the trust of Chinatown residents and gained access to their interior lives during a pivotal time when new waves of immigrants converged into Chinatown, altering the demographic landscape of what was then home to earlier migrations. As a result of changes in the immigration laws in the mid-1960s, an older, primarily male community was being replaced by a rapidly expanding new influx of young families. Glick returned to the work in 2010, embarking on a process that led to reconnection with those he had photographed decades earlier, and an exhibition



in 2018-2019 at the Museum of Chinese in America. <https://www.nytimes.com/2019/01/02/lens/new-york-chinatown-1980s-bud-glick.html>

F22-03

The Museum of Modern Art Tour

SGL: Julie Averbach

Date: Monday, Oct. 24

Time: 11:00 a.m. –Noon

Sessions: One – Maximum 95

Location: Zoom

Fee: Free



Explore works by Andy Warhol, Pablo Picasso, Claude Monet and more. What inspired Vincent Van Gogh to paint *The Starry Night*? Which sculpture fascinated Albert Einstein when he visited the MoMA in the 1930s? We will delve into these stories and others, as we tour one of New York’s beloved museums and consider its most iconic artworks.

MoMA

F22-04

Poetry Reading of Selected and New Work

SGL: Barry L. Zaret

Date: Monday, Oct. 31

Time: 1:30—3:00 p.m.

Sessions: One – Maximum 50

Location: Congregation B’nai Jacob

Fee: \$5

This will be a single poetry reading of published and new poems. The poems will focus on themes of time, memory, medicine, caring for the ill as both physician and spouse, and Jewish life.

Is your membership up to date?



You can't sign up for classes if your membership isn't up to date. Go to www.ilralbertus.org. Check and update your status and sign up for classes.

F22-05**Current Events: Geopolitical Hotspots and Regional and Global Economics****SGL: Mito Mardin****Dates: Mondays, Nov. 21, 28; Dec. 5, 12****Time: 10:30 a.m. – Noon****Sessions: Four - Maximum 40****Location: JCC****Fee: \$15**

We'll review geopolitical hotspots in the context of the war in Europe and other regional conflicts. We'll discuss the implications of these conflicts on the globalization/regionalization of the world economy.

F22-06**Creative Writing****SGL: Nini Munro-Chmura****Dates: Tuesdays, Sept. 20; Oct. 4, 25; Nov. 1, 15, 22, 29; Dec. 6****Time: 1:00—3:00 p.m.****Sessions: Eight – Maximum 6****Location: Woodbridge Library****Fee: \$20**

Learn how to paint pictures with words that flow with dramatic images, outlandish metaphors and oh, those wonderful verbs that pop off the page. Create a story from your imagination, write a poem that resembles a pastoral symphony, a memoir of your life's experiences or a play with interesting characters.

**F22-07****Short Hikes in the Greater New Haven Area****SGL: Leo Cristofar****Dates: Tuesdays, Oct. 4, 25; Nov. 1, 15****Time: 9:30 a.m. – Noon****Sessions: Four - Maximum 20****Location: TBA at registration****Fee: \$15**

Short hikes of 2 to 4 miles over varied terrain are planned. Hiking boots or sneakers with a good tread are recommended, and you may want to bring a hiking stick. You may be walking over tree roots, stones, and puddles. This is not a nature walk. Hike locations will be sent to registrants. Makeup date Tues. Nov. 8.

F22-08**Gangsters, Gambling, Glamour****SGL: Leo Marino****Date: Tuesday, Oct. 4****Time: 1:30—2:30 p.m.****Sessions: One – Maximum 25****Location: Daniel Sullivan Education Center****Fee: \$5**

Leo Marino will discuss his new book, *Wooster Place: Gangsters, Gambling and A Glamorous Girl in Love with the Mob*. The book, set in New Haven in the 1930s, is based on real people and events from his life. The names of the characters have been changed to protect the identity of the people whom they are based on. Meet Sally Boy, Big Tony, Pear Nose, and Chickee, as well as Pete the Greek, Big Ears, and Jimmy Beans. The book portrays the lives of people who lived and loved in an era of innocence. It is a story of a strong woman, her lust for love and her obsession with the hierarchy of the mob. It is also the story of a strong man who learns the inner workings of Wooster Place.

**F22-09****A Humorous Look at Sex and Aging****SGL: Joyce Saltman****Date: Tuesday, Oct. 25****Time: 10:30—11:45 a.m.****Sessions: One – Maximum 30****Location: JCC****Fee: \$5**

Through a minimum of scientific data and a maximum of humor, this session will deal with the trials and attributes of being a senior! Combining research about this important topic for the "senior citizen" set (those of us who are old but not dead!), Joyce will show the beauty of having loving relationships rather than Olympic sex, how insignificant "perfect bodies" are (when our vision is not that good anyway!), and how to see all of our aging issues in a humorous light.



F22-10**The Maestro Returns to ILR****SGL: Maestro Alasdair Neale****Date: Tuesday, Oct. 25****Time: 2:00—3:00 p.m.****Sessions: One – Maximum 100****Location: JCC****Fee: \$5**

Alasdair Neale will discuss several works that have been performed recently by the New Haven Symphony Orchestra.

F22-11**Liberalism – Yesterday, Today and Tomorrow****SGL: Rachel Ranis****Dates: Tuesdays, Nov. 1, 15, 29****Time: 10:30 a.m. - Noon****Sessions: Three – Maximum 25****Location: Congregation B'nai Jacob****Fee: \$15**

We will explore liberalism, historical and in its present context. Three major types - classical, modern democratic and neo-liberalism will be of interest. Liberalism as a political and moral viewpoint based upon the rights of individuals and the role of government, law, the economy, and the welfare state will be considered as well as the relative success and failure of the concept in action. Readings will be assigned.

F22-12**Elvis is Out There****SGL: Franz Douskey****Date: Tuesday, Nov. 1****Time: 1:00—2:30 p.m.****Sessions: One - Maximum 30****Location: JCC****Fee: \$5**

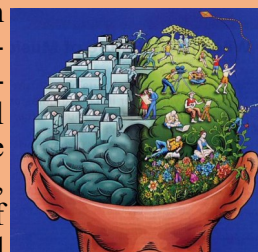
This course is a discussion, not a lecture. The overview is the history of music in Memphis. Subjects include the Blues Trail, the impact of Sam C. Phillips and Sun Records, and a view of musicians B. B. King, Bessie Smith, Big Maybelle, Howlin' Wolf, John R. Cash,



and Memphis Minnie and others who graced the streets of Memphis during Jim Crow.

F22-13**Are You in Your Right Mind?****SGL: Joyce Saltman****Date: Tuesday, Nov. 15****Time: 10:30—11:45 a.m.****Sessions: One – Maximum 30****Location: JCC****Fee: \$5**

This session will explore individual differences through left brain/right brain research, in an effort to understand and appreciate these differences. Using an informal checklist created by Dr. Marie Carbo (with her permission), we will readily see areas of agreement and conflict and look at ways to use this insight to improve communications. Each participant should bring a piece of paper and a pen or pencil.

**F22-14****The Secret WWII Concentration Camp Diary of Odd Nansen****SGL: Timothy Boyce****Date: Tuesday, Nov. 15****Time: 1:30—3:00 p.m.****Sessions: One - Maximum 95****Location: Zoom****Fee: \$5**

From Day to Day is a World War II concentration camp diary, secretly written by Odd Nansen, a Norwegian. Arrested in January 1942, Nansen was held captive in various Nazi camps in Norway and Germany. This diary illuminates Nansen's daily struggle, not only to survive, but to preserve his sanity and maintain his humanity. Timothy Boyce rescued the diary from oblivion after reading the memoir of another Holocaust survivor, whose life was saved by Nansen while both were prisoners in Sachsenhausen. Tim will explain who Nansen was, why he was arrested, why he wrote the diary, how he preserved it, and why this diary is as important today as it was when first written.

F22-15**AI: Surveillance Technology****SGL: Frances Grodzinsky****Dates: Tuesdays, Nov. 29; Dec. 6, 13****Time: 1:30—3:00 p.m.****Sessions: Three – Maximum 20****Location: Zoom****Fee: \$15**

Most people seem to be worried about what organizations and the government know about us. Who can we give our information to without fear of it being compromised? We will look at surveillance in general and AI as its driver. What capabilities does AI afford those who want to surveil?



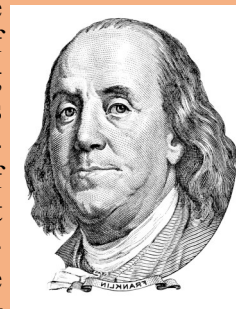
Some possible topics, which grew out of our previous technology courses include: *Biased algorithms*: How is data collected and used to empower AI? *Facial Recognition software*:

How accurate is it and how is it being used? How is privacy impacted by surveillance? This is of particular interest given the Roe decision. *Scams*: What is true? What should I open? What should I be wary of? Is there legislation around social media sites? No previous classes necessary. We are a very interactive course. Bring your questions. Come and join us!

F22-16**Benjamin Franklin's American Revolution****SGL: Phillip Goodrich****Date: Tuesday, Dec. 6****Time: 10:30 a.m. – 12:30 p.m.****Sessions: One – Maximum 75****Location: Zoom****Fee: \$5**

Benjamin Franklin's contribution to the inception of the American Revolution, suppressed at Franklin's own request over the past 250 years, will be revealed in terms of motivation, mechanism, key London contacts who became his circle of advi-

sors, and key players in the development and execution of the plan from 1754 to 1785. Franklin's greatest motivation was his concern for the safety of Pennsylvania and especially Philadelphia in the years following the conclusion of "King George's War" in 1748, long before the other founding fathers had been born or achieved adulthood. Advised by the proprietor of Pennsylvania, Thomas Penn, that no resources for defense or infrastructure in Pennsylvania would be forthcoming, a policy reinforced by both the Crown and Parliament, Franklin refused to be rejected in his goal of maintaining the security of Pennsylvania and sought resolution by any means possible. The story of the fulfillment of this worthy goal will be discussed.

**F22-17****Shakespeare and Machiavelli****SGL: Richard Dumbrill****Dates: Tuesdays, Dec. 6, 13****Time: 11 :00 a.m. – Noon****Sessions: Two – Maximum 35****Location: JCC****Fee: \$10**

This two-part course on Shakespeare and Machiavelli is an exploration of the evolution of their ideas and views on monarchy, power politics, statecraft, leadership, and society by two giants of literary and political thought. Part I focuses on their impact on the political and religious establishments of 16th-century England and Europe. This part will also discuss how Machiavelli's views and ideas permeated the courts of Henry VIII and Elizabeth I and were incorporated into Elizabethan drama particularly in the works of Christopher Marlowe and William Shakespeare. Part II will focus on the impact the ideas of Shakespeare and Machiavelli had on 20th-century Europe after World War I leading up to Hitler and Mussolini in the 1930s, and later after World War II, on the modern world where Britain, America, Russia, and China held sway. This part will also highlight today's nation-states whose leaders have promoted nationalistic populism and who have installed authoritarian government as opposed to liberal democratic traditions, precedents, and policies practiced by Western democracies since the 1950s.



F22-18**History of Science Fiction Through Literature and Film:
1950-1985, Part II****SGL: Marc J. Blosveren****Dates: Wednesdays, Sept. 21, 28; Oct. 12, 19; Nov. 2****Time: 10 :00— 11:30 a.m. Sept. 21; Nov. 2****Time: 10 a.m.– 12:30 p.m. Sept. 28; Oct. 12, 19****Sessions: Five – Maximum 12****Location: JCC****Fee: \$15**

This is the second semester course which entails science fiction through literature and mixed media in the 1950s through 1985, the “Golden Age of Sci Fi. The class will cover classic movies, television, radio and more. Classes on weeks one and five will be a discussion. Classes on weeks two, three and four will show classic sci fi films, followed by discussion. Connections to social, cultural, and historical periods of their times will also be a part of the discussions.

F22-19**Musical Partners: Science Medicine and History****SGL: Thomas C. Duffy****Dates: Wednesdays, Sept. 21, 28; Oct. 12****Time: 2 :00-3:30 p.m.****Sessions: Three – Maximum 40****Location: JCC****Fee: \$15**

A three-lecture series on different aspects of music and other disciplines: 1) Missing Women's Voices in a Century of Jazz; 2) Music and Medicine: Use of music models to train stethoscope practitioners; 3) Music and the Brain ("Optical" Illusions for the Ear).

F22-20**Russia-Ukraine-United Nations Engagement****SGL: Joseph Baxer****Date: Wednesday, Sept. 28****Time: 11:00 a.m. – 12:30 p.m.****Sessions: One – Maximum 75****Location: Zoom****Fee: \$5**

The United Nations was created to maintain international peace and security, protect human rights, deliver humanitarian aid, and support sustainable develop-

ment and climate action. How has the United Nations responded to the war in Ukraine which began Feb. 24, 2022? What were its successes and failures? Do the weaknesses require a reincarnation of the UN as the League of Nations after WW1 became irrelevant?

**F22-21****Transgender Awareness****SGL: Jillian Celentano****Date: Wednesday, Oct. 12****Time: 10:30 a.m. – Noon****Sessions: One – Maximum 25****Location: JCC****Fee: \$5**

The course intends to educate the general population and bring awareness regarding proper treatment for the transgender and nonbinary population. Learning objectives include understanding what transgender/nonbinary means; language and terminology; the difference between sex and gender; the transition process (G rated); pronouns; working with parents and families; working with body dysphoria; Q & A.

F22-22**The Supreme Court: America's Mirror****SGL: Lewis House****Dates: Wednesdays, Oct. 12, 19, 26; Nov. 2****Time: 1:00—2:00 p.m.****Sessions: Four – Maximum 40****Location: TBA****Fee: \$15**

Throughout United States history, the Supreme Court reflected the Nation's most serious problems. This course will cover the following: power of state and federal government; slavery; war powers; segregation; growth of big business; civil rights; education, right to bear arms; same sex marriage; freedom of the press; abortion; and others, if class time permits.



F22-23**The Evolution of Filmmaker Debra Granik****SGL:** Marcia Goodman**Dates:** Wednesdays, Oct. 12, 19, 26; Nov. 2, 9**Time:** 6:00—9:00 p.m.**Sessions:** Five – Maximum 95**Location:** Zoom**Fee:** \$15

Filmmaker Debra Granik has had four films produced, all of which have won awards. We'll watch and discuss each of her films, and in the last session, we'll discuss Granik's evolution as a filmmaker, thematically and artistically. Handouts will be provided. The films are: Oct. 12: *Down to the Bone* (2004); Oct. 19: *Winter's Bone* (2010); Oct. 26: *Stray Dog* (2014); Nov. 2: *Leave No Trace* (2018); Nov. 9: Discussion - Evolution of Filmmaker Debra Granik

F22-24**Creationism and Evolution: Can They Co-Exist?****SGL:** Nick Maiorino**Date:** Wednesdays, Oct. 19, 26**Time:** 10:30 a.m.- Noon**Sessions:** Two – Maximum 30**Location:** JCC**Fee:** \$10

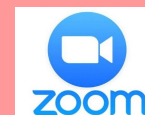
Can a scientist who bases his or her thinking and ideas on empirical evidence also believe in God? Can a theist accept scientific evidence that refutes Biblical scripture? To help understand the answers to these questions, one must first understand the fundamentals of the two theories: creationism and evolution. This course will develop the two theories showing their similarities and differences. Finally, an interesting and possibly plausible answer to their coexistence will be posed and discussed.

F22-25**Canasta for Beginners****SGL:** Marie Musco**Dates:** Wednesdays, Oct. 19;

Nov. 2, 16, 30

Time: 11:00 a.m. – Noon**Sessions:** Four – Maximum 8**Location:** JCC**Fee:** \$15

Canasta is a four-person game, using two decks of cards including the jokers. The rules are governed by the Canasta League of America. The goal is to combine three or more cards of the same rank (melds) in order to create canastas (groups of seven). The game is fun, social, and noncompetitive.

F22-26**The Big Lie – What We Can Learn From History****SGL:** Ira Kleinfeld**Dates:** Wednesdays, Oct. 19, 26**Time:** 1:30—2:30 p.m.**Sessions:** Two – Maximum 40**Location:** Zoom**Fee:** \$10

We will examine a previous example of The Big Lie as a case study: der Dolchstoßlegende – the completely false assertion by the top leaders of the German Military High Command in the moments after the surrender in Nov. 1918 that the armed forces had not lost the war, that elements of the home front had given Germany a stab in the back which had caused the army to be undermined and Germany to lose the war. We will examine how this Big Lie could take root and spread and its effect on German politics and society in the years that followed.

F22-27**Four Topics in American Music****SGL:** David Chevan**Dates:** Wednesdays, Oct. 19, 26; Nov. 2, 9**Time:** 1:30—3:00 p.m.**Sessions:** Four – Maximum 50**Location:** JCC**Fee:** \$15

Each session will explore a single topic in American music: **Session 1** will explore the continuing influence of the Anglo-Celtic traditions. **Session 2** looks at the relationship between blues and jazz. **Session 3** examines American composers. **Session 4** reviews American musical theater.



F22-28**Mah Jongg for Beginners and a Refresher for Others****SGL: Karen Fenichel****Dates: Wednesdays, Oct. 19; Nov. 2, 16, 30; Dec. 7, 14****Time: 1:30—3:00 p.m.****Sessions: Six— Maximum 12****Location: JCC****Fee: \$15**

What is American Mah Jongg? It is a game played with a set of tiles and a card. We play in groups of four. You can play with three, but it's more fun with four. Come and learn to play and bring a friend. Explore the basics of the game while making some new friends. I will order current year Mah Jongg cards if you want one.



The cost is \$10 for the card. Six sessions will get you started playing on your own with friends.

F22-29**Looking Back—Early 20th Century Pulitzer Prize-Winning Women****SGL: Hedda Kopf****Dates: Wednesdays, Oct. 19; Nov. 9, 30****Time: 2:00—3:30 p.m.****Sessions: Three – Maximum 30****Location: Jewish Community Center****Fee: \$15**

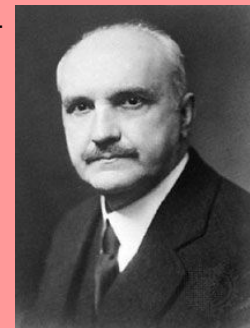
Edith Wharton, Willa Cather, and Katherine Anne Porter continue to speak to us a century after their literary creations were awarded the prestigious Pulitzer Prize for literature. In her four novellas, *Old New York*, Wharton takes us back to a New York society that attempts to keep up with the changing values over several decades. Cather's *My Antonia* challenges us to read the novel in the context of then and now, and Porter's three short novels (her description) in *Pale Horse; Pale Rider* immerse us in the lives of characters who struggle to survive and flourish in the midst of poverty, war and the flu pandemic of 1918.

F22-30**George Santayana's Reason in Religion****SGL: Phillip L. Beard****Dates: Wednesdays, Oct. 26; Nov. 2, 9, 16, 23, 30****Time: 11:00 a.m. – 12:30 p.m.****Sessions: Six – Maximum 25****Location: Zoom****Fee: \$15**

How does a non-believer respond sympathetically to religion, preserve the better part of its meaning, and diminish the possibilities of schism or fanaticism?

Twentieth century American philosopher George Santayana was an avowed

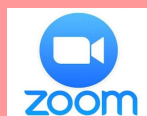
"materialist," meaning the supernatural had no role in his goals or understandings. For him, nature contained the full measure of human reality. Nonetheless, the volume of Santayana's *The Life of Reason* (1905) called *Reason in Religion* provides a provocative and often (but not exclusively, and never sentimentally) sympathetic analysis of the cultural and psychological role of Christianity in Western history. We will read this volume with occasional succinct reference to other philosophers, poets and theologians who reflect, expand, or challenge some of Santayana's points. Students may use any edition

**F22-31****The Tower of Babel Story and Its Meaning****SGL: Rabbi Alvin Wainhaus****Date: Wednesday, Nov. 30****Time: 11:00 a.m.-Noon****Sessions: One – Maximum 80****Location: Congregation Or Shalom****Fee: \$5**

The Tower of Babel story has captivated people for thousands of years. What is it about this biblical tale that has appealed to such diverse audiences? The answer, according to Rabbi Alvin Wainhaus, lies in its "deliberate multi-dimensionality." The Tower of Babel passage, he believes, was intentionally crafted to convey multiple meanings to different readers. In this class, Rabbi Wainhaus will read this nine-verse story and, with the help of the class's attendees, attempt to fathom its meanings. In addition, the rabbi will explore parallels between the Tower of Babel and modern-day America.

F22-32**Mexican Food, Mexican Identity****SGL: Rafael Hernandez****Date: Wednesday, Dec. 7****Time: 10:30 a.m. - Noon****Sessions: One – Maximum 30****Location: Daniel Sullivan Education Center****Fee: \$5**

Mexican food has become so ubiquitous in the United States, that it seems almost impossible to imagine a time when tacos, nachos, quesadillas, guacamole, or margaritas were not synonymous with a celebration. But Mexican food is much more than that. It is a cuisine that resulted from the encounter of Native American and European cultures and evolved from centuries of mixing traditions and ingredients; a cuisine that connected deeply with the people of the country and became truly national after the Revolution of 1910. The cuisine transcended its borders to become known in other nations and other continents and was the first one to be recognized by UNESCO as an intangible cultural heritage of the world in 2010. This lecture traces the development of this cuisine and its importance for the formation of a modern Mexican identity

**F22-33****How Society Remembers Those Previously Persecuted****SGL: Ira Kleinfeld****Date: Wednesday, Dec. 7****Time: 1:30—2:30 p.m.****Sessions: One – Maximum 40****Location: Zoom****Fee: \$5**

We will examine one way in which German society has dealt with responsibly memorializing those who were persecuted during the Nazi era by placing Stolpersteine (memorial stones) at the homes of former residents. The program will be described generally and analyzed along with other programs of remembrance from Germany and elsewhere. Then the course SGL will present his experience in the planning and placement of Stolpersteine for his mother and grandparents in Berlin in May 2022.

F22-34**Identifying Raptors in Migration****SGL: Thomas Parlapiano****Dates: Thursday, Sept. 22 ; Friday Sept. 23****Time: 10 a.m. – Noon****Sessions: Two – Maximum 20****Location: 9/22 – Zoom; 9/23 In Person TBA****Fee: \$10**

Learn to identify the birds of prey that migrate through Connecticut each fall on their way to wintering grounds further south. On Thursday, we'll review characteristics common to all raptors as well as specific adaptations of each family. A brief discussion of the history of hawk watching and a review of hawk-watching gear and resources will also be included. We also will study shape, flight pattern and other keys to identifying birds of prey in flight. On Friday, we'll put what we've learned to the test as we try our hand at locating and identifying birds of prey from a prominent hawk-watching location in New Haven. The day outdoors will be rescheduled in case of rain. Binoculars will be available.



F22-35**Chaucer and Shakespeare Write About Love****SGL:** Jim Rhodes**Dates:** Thursdays, Sept. 22, 29; Oct. 6, 13, 20, 27;
Nov. 3, 10**Time:** 10:00—11:15 a.m.**Sessions:** Eight – Maximum 30**Location:** Daniel Sullivan Education Center**Fee:** \$20

Set against the backdrop of the Trojan War, Chaucer tells the tragic and powerful love story of Troilus and Criseyde, arguably the greatest love poem of the Middle Ages. Shakespeare's *Troilus and Cressida* is based on Chaucer's poem but adopts a different perspective on both the war and the love story. The texts to be used are Geoffrey Chaucer *Troilus and Criseyde*



translated by Barry Windeatt, Oxford World Classics, a very faithful translation rendered in novel form for modern readers.

Any edition of Shakespeare's play will do. The Signet Classics is an inexpensive but very good edition. Chaucer's *Troilus* consists of five books (or chapters) and those who do enroll in the course should read Book One for the first class.

F22-36**The History of Sexism in the Scientific Community****SGL:** Nick Maiorino**Dates:** Thursdays, Sept. 22, 29**Time:** 10:30 a.m. – Noon**Sessions:** Two – Maximum 30**Location:** JCC**Fee:** \$10

Throughout the history of scientific knowledge and advancements, well-established theories have taken the position that women are inferior to men, thus justifying their exclusion from activities that have been, traditionally, regarded as male dominated. Attitudes that have developed from this position explain the biases and discrimination women faced from Medieval times to today. This is illustrated by the 18th century philosopher, Jean-Jacques Rousseau, who once said that “Women are mentally and socially inferior to men, and that their roles were to be confined to motherhood and service to their male partners”. This course will trace the history of this position and how it affected women who, despite having earned prestigious educational degrees, made significant scientific discoveries, and contributed to today’s scientific advancements, were ignored, belittled, and taken advantage of simply because they were women.

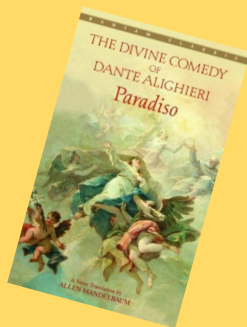
**F22-37****I Talk to the Trees****SGL:** Harriet Bergmann**Dates:** Thursdays, Sept. 22 29**Time:** 10:30 a.m. – Noon**Sessions:** Two – Maximum 45**Location:** Zoom**Fee:** \$10

But they'll only listen if I've read Richard Powers' *Overstory*. It's a wonderful book, and you'll enjoy talking about it. If we can, we'll also dip into Suzanne Simard's *Finding the Mother Tree*. Powers relies on it a lot, and it's an interesting counterpoint. We'll meet on Zoom, but you can sit outside under your favorite maple tree while we chat!



F22-38**Dante Makes the Final Ascent: Reading Paradiso****SGL: Joel Feimer****Dates: Thursdays, Sept. 22, 29; Oct. 6, 13, 20, 27****Time: 1:30—3:00 p.m.****Sessions: Six – Maximum 60****Location: Zoom****Fee: \$15**

Thus far, we have accompanied Dante as he has navigated the bowels of the realm of Satan and climbed toward the light of the Terrestrial Paradise on Mount Purgatory. He has progressed from a soul oppressed by error to the company of the saved, and he rises now from earth to experience the joyful fellowship of Paradise. Dante will again draw us willingly along



with him and Beatrice, his guide for most of the final stage of his journey, as he witnesses the certain joys of heaven and encounters those who, like himself, have received the gift of grace and earned their place among the various circles of the Ptolemaic Universe, which form the “landscape” of Heaven. Ultimately, Beatrice transfers Dante

to the excellent care of St. Bernard, who brings Dante to the brink of perfection. We will contextualize this final installment of Dante’s journey among the two previous volumes of his work, Dante’s encyclopedic command of the knowledge of his age, and the larger contexts, Dante as messianic prophet and Dante as shamanistic healer. Text: Dante’s *Paradiso*, translated by Allen Mandelbaum and published by Bantam (dual language, 1984).

F22-39**Art and Cuisine****SGL: Irene Sommers****Dates: Thursdays, Oct. 6, 13, 20****Time: 10:30 a.m. - Noon****Sessions: Three – Maximum 30****Location: Woodbridge Library****Fee: \$15**

Our course will look at art’s love affair with food, drink, and communal dining. Along the way we will become familiar with the flow of western art through

iconic works from prehistoric caves to the 21st century. To some people a loaf of bread, a can of tomato soup, or an apple are just “what’s for lunch”. But to art historians these foods could be symbols of religion, cultural changes, time, and place, and/or politics. Most of the course is based on scholarly research—the rest is “connect-the-dots” and educated guess work. No prior knowledge of art history is necessary.

F22-40**Introduction to Watercolor****SGL: Audrey Galer****Dates: Thursdays, Oct. 6, 13, 20, 27; Nov. 3, 10****Time: 1:00—3:00 p.m.****Sessions: Six - Maximum: 5****Location: Home Studio****Fee: \$15**

The class will introduce various techniques used in watercolor including brush strokes, washes, and materials. From there we will paint several small paintings that will emphasize what we have learned. There will be a \$50 fee for materials such as paints, brushes, watercolor paper, printed information and so forth. Make checks payable directly to the Audrey Galer. Mats will be available at \$3 each.

**F22-41****High Intermediate French Conversation****SGL: Gabriella Brand****Date: Thursdays, Oct. 6, 13, 20, 27****Time: 1:30—3:00 p.m.****Sessions: Four – Maximum 14****Location: Congregation B’nai Jacob****Fee: \$15**

The aim of this course is to help students improve their ability to engage in natural conversation in French. If you can ask questions, get your point across to French speakers, you will enjoy this course.

The SGL will provide a “review lesson” each week and other activities and exercises to encourage lively discussion and exchange. Come prepared to laugh, discuss, explain, defend, question, and share.



F22-42**NXTHVN Fall Exhibition Tour****SGL: Victoria McCraven****Date: Thursday, Oct. 6****Time: 2:00 p.m.—flexible****Sessions: One – Maximum 14****Location: NXTHVN Arts & Entrepreneurship Institution****Fee: \$5**

Founded in 2018, the NXTHVN, a groundbreaking art center in New Haven combines art and entrepreneurship. Through access, education, programming, and impact investing, NXTHVN launches the careers



of artists and curators. Cornerstone programs include its fellowship program which educates and accelerates the careers of emerging and underrepresented artists; paid arts apprenticeships for local teens; and business incubation programs which foster cultural and capital

value in the neighborhood. Come and learn about this small local New Haven neighborhood arts institution and check out the fall exhibition. Directions will be sent to registrants.

F22-43**Yale Tour – The “Ivy” in Our Backyard****SGL: Marcia Jamron****Date: Thursday, Oct. 13****Time: 1:00—2:00 p.m.****Sessions: One – Maximum 25****Location: Yale Visitor Center****Fee: \$5**

Led by a Yale student, we will hear about Yale's rich 300-year history and aspects of student life at several of Yale's 14 residential colleges. The tour also includes the Gothic Sterling Memorial Library and the Beinecke Rare Book and Manuscript Library. Constructed with more than 100 panels of translucent marble, the Beinecke is



home to one of the world's pre-eminent collections of

rare materials, including the Gutenberg Bible. The Tour departs from the Yale Visitor Center, 149 Elm St., New Haven. Wear comfortable walking shoes.

F22-44**An Introduction to Norse Mythology:****Reading “The Poetic Edda”****SGL: Joel Feimer****Date: Thursdays, Nov. 3, 10, 17; Dec. 1, 15****Time: 1:30—3:00 p.m.****Sessions: Five – Maximum 60****Location: Zoom****Fee: \$15**

“The Poetic Edda,” like The Mabinogion, is a glimpse into the Grand Canyon of pagan myth and legend from a narrow platform on the edge. What we will see will be clear, but there won't be a lot of it. We will encounter the numinous goddesses and gods whose worship informs an alien spiritual realm that, nonetheless,

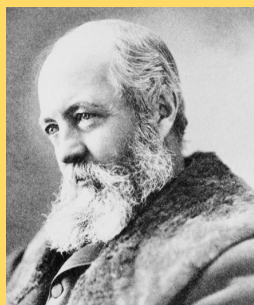


has had a profound impact on who we are, what we believe, and how we act. Freya, Ithun, Odin, Thor, Loki, and Heimdall and their nemeses, the giants and all devouring mon-

sters, Fenrir, the Mid-Gard Serpent the giants, et al., and the landscape supported by Yggdrasil and composed of “fire and ice” will be among the subjects we will explore together. The collection is of uncertain date and provenance, untethered by time or place. In a sense this lack of certitude renders them at once more exotic and more familiar. As its audience, we will be compelled to allow the poems in this collection speak to us directly of the times and realities they record. Text: The Poetic Edda, trans. Lee Hollander, University of Texas Press, (2nd ed. Rev. 1990).

F22-45**Landscapes for the Public Good:****The Olmsted Heritage in Connecticut****SGL: Christopher Wigren****Dates: Thursday, Nov. 17****Time: 10:00— 11:30 a.m.****Sessions: One – Maximum 35****Location: JCC****Fee: \$5**

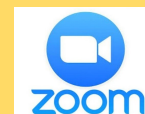
Frederick Law Olmsted is considered the father of American landscape architecture and founder of one of the nation's most influential landscape architecture firms. He was born in Hartford 200 years ago and to mark the occasion, the Connecticut State Historic Preservation Office and Preservation Connecticut are working together to document the Olmsted heritage in the state, which includes parks, estates, subdivisions, campuses, burial plots, grounds for public and institutional buildings, and city planning. Christopher Wigren of Preservation Connecticut will describe how Olmsted's achievements were shaped by his Connecticut upbringing, present some of the Olmsted firm's Connecticut landscapes, and discuss how historic landscapes contribute to the quality of modern-day life.

**F22-46****Holiday Hors d'oeuvres****SGL: Lois Procopion****Date: Thursday Nov. 17****Time: 1:00—2:30 p.m.****Sessions: One – Maximum 30****Location: Zoom****Fee: \$5**

The holidays are right around the corner. Hors d'oeuvres are savory bites, a food served in small portions. Many of these hors d'oeuvre recipes create one-bite delights, and the rest can be enjoyed in two or three bites. Arrange them on your nicest platters and trays, or better yet, pass them around the room while guests mingle and mix. I will be illustrating the preparation of two delicious hors d'oeuvres for the holidays:



Spinach in Puff Pastry and a Tomato Cheese Tart. Both dishes will delight your guests so much so, that they will be asking you for the recipe. Recipes and instructions will be included in the syllabus along with step-by-step instructions at this Zoom course.

F22-47**Early Modern Women Artists****SGL: Emily Fenichel****Date: Thursday, Dec. 1****Time: 10:30 a.m. - Noon****Sessions: One – Maximum 30****Location: Zoom****Fee: \$5**

Women were largely barred from the male-dominated sphere of the artistic workshop in Europe's Early Modern period, approximately 1400-1800 CE. Nevertheless, a few remarkable women



overcame many obstacles to become trained artists and recognized professionals in their day. Dr. Emily Fenichel considers the extraordinary careers of Properzia de' Rossi, Lavinia Fontana,

Sofonisba Anguissola, and Artemisia Gentileschi, and provides insight to their lives, their work, and their unique perspectives as artists.

F22-48**Introduction to Genealogy****SGL: Monica Talmor****Date: Thursday, Dec. 1****Time: 1:30—3:00 p.m.****Sessions: One – Maximum 30****Location: JCC****Fee: \$5**

This course will start you on your journey to discover your genealogy, how to interview family members and how to organize your search. You will learn what resources are available and how to start DNA testing.



F22-49**Masterpieces of American Short Fiction****SGL: Leonard Engel****Dates: Fridays, Sept. 23, 30; Oct. 7, 14, 21, 28; Nov. 4, 18****Time: 10:00—11:30 a.m.****Sessions: Eight – Maximum 15****Location: Daniel Sullivan Education Center****Fee: \$20**

Authors who have written great American novels (and some who haven't) have also written masterpieces of short fiction. This course takes a close look at a number of these, beginning with Washington Irving in the early 19th century; followed by Edgar Allan Poe, considered the father of the detective story; Nathaniel Hawthorne and Herman Melville of the American Renaissance, mid-19th century. Literary naturalism appeared in the stories of Stephen Crane and Theodore Dreiser at the end of the 19th and early 20th centuries. Modernism dominated Post- WWI fiction; alienation and displacement in Hemingway, Faulkner, Fitzgerald, and Steinbeck. Evolving simultaneously were the noir and hard-boiled tales of Dashiell Hammett, Raymond Chandler, and Richard Wright. Post-modernism, a tricky term to define, is reflected in the strange and eerie tales of Flannery O'Connor, Joyce Carrol Oates, and many others.

F22-50**Artistic Revolutions****SGL: Michael Stein****Dates: Fridays, Oct. 7, 14, 21****Time: 10:30 a.m. – Noon****Sessions: Three – Maximum 30****Location: Woodbridge Library****Fee: \$15**

The excavation of Pompeii in 1748, along with demands for self-government, particularly in France, led to a seismic change in European politics and art. No longer would the aristocracy and church dictate the fates of the individual or the content of artistic expression. Gone would be the fantasies of Rococo art to be replaced by neoclassicism's patriotic call to arms with Roman images of sacrifice for the good of



one's country. Neo-Classicism was the start of artistic movements like romanticism and realism that would eventually lead to what we commonly call modern art. While politics and power will always dictate art, none are as evident as the impact of Neo-Classicism and the artistic movements that followed.

F22-51**Conversational German****SGL: Mito Mardin****Dates: Fridays, Oct. 21, 28; Nov. 4, 18****Time: 10:30 a.m. – Noon****Sessions: Four - Maximum 30****Location: Zoom****Fee: \$15**

We'll continue our conversational German classes which started several semesters ago. Newcomers are welcome. However, basic knowledge of the language is desirable.

F22-52**The "Foodie" Women of NYC****SGLs: Susan Birnbaum and Marcia Jamron****Date: Friday, Nov. 4****Time: 1:00—2:30 p.m.****Sessions: One – Maximum 75****Location: Zoom****Fee: \$15**

New York City is a mecca for restaurants, food shops and all manner of food. During this tour you will be introduced to the women who have been involved with several food shops, restaurants, and food-related enterprises. Some are historical and some are still a part of the incredible food scene in NYC.

During this virtual tour you will hear the stories of these fascinating women. Among them one of the first street chefs - Pig Feet Mary, the influential chefs - Lydia Bastianch, Ina Garten, Sylvai Woods, the family businesses - Russ and Daughters, Zabar's, Sahadi's and Balducci's; food writers- Ruth Reichl and Melissa Clark. All have made incredible contributions to the NYC food scene.

F22-53

A Virtual Walk Along the “Boulevard of Dreams” – The Grand Concourse Bronx New York

SGLs: Susan Birnbaum and Marcia Jamron

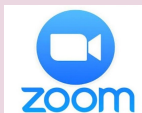
Date: Friday, Nov. 18

Time: 1:00—2:30 p.m.

Sessions: One – Maximum 75

Location: Zoom

Fee: \$15



The Bronx is up and the Battery is down: Today we will explore New York City’s only borough that is attached to the U.S. mainland. The tour will focus on the Grand Concourse, the renowned thoroughfare of the Bronx and home to many Arte Deco structures. Highlights will include Emery Roth’s only Bronx apartment house, the “Fish” building, the Andrew Freedman Home, and various religious institutions along the way. We will visit the impressive Bronx County Courthouse and the Bronx General Post Office with its Ben Shan “Resources of America” murals. We will “walk” along the Bronx Walk of Fame, the 23-



block corridor with street signs honoring well-known “Bronxites”

F22-54

Me, Myself, and I: The Neuroscience of Self and Personhood

SGL: Sharif Kronemer

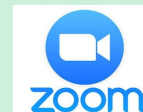
Date: Saturday, Dec. 10

Time: 10:30 a.m.—Noon

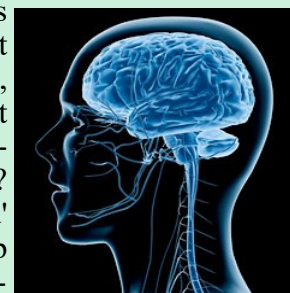
Sessions: One – Maximum 75

Location: Zoom

Fee: \$5



Neuroscience has been on the hunt for the so-called neural mechanisms of consciousness for decades. This search has uncovered parts of the brain that are important for you to see color, feel pain, and retrieve memories. But who is the 'you' that experiences these conscious events? And, from where does the 'you' come from? This workshop will cover the cutting-edge research on discovering the origins of the self and what makes you the person you are today and who you might be tomorrow.



ILR seeks donations to keep its programs running

During these very challenging times, ILR has continued to provide excellent programming designed to keep us all intellectually and socially engaged.

ILR is grateful to the generosity of our donors who support our educational programs and help us continue to better serve our membership.

To provide these engaging and

stimulating programs, ILR needs your help. Please consider donating any amount with which you are comfortable. Every penny helps us continue to serve our lifelong learning community.

To donate:

On our website (<https://www.ilralbertus.org/>) just below the ILR banner, you will find in small letters the words

Search and Donate. Click on **Donate** and a screen will appear allowing you to make a contribution. Just fill-in this screen.

If you prefer you may send a check to:

Institute for Learning in Retirement
P.O. Box 1156
Orange, CT 06477



ILR lists venues for its classes

ILR offers a variety of classes in convenient locations. In the event of a change in location, you'll be notified.

Remember to adhere to ILR's COVID-19 regulations for in-person classes.

Congregation B'nai Jacob
75 Rimmon Road
Woodbridge, CT 06525
(203) 389-2111

Congregation Or Shalom
205 Old Grassy Hill Road
Orange, CT 06477
(203) 799-2341

Home Studio of Audrey Galer
365 Wildwood Drive
Orange, CT 06477

JCC of Greater New Haven
360 Amity Road.
Woodbridge, CT 06525
(203) 387-2424

NXTHVN Arts & Entrepreneurship Institution
169 Henry St.
New Haven, CT 06511
hello@nxthvn.com

Our Lady of Mount Carmel Church
Daniel Sullivan Education Center
2819 Whitney Ave.
Hamden, CT 06518
(203) 248-0141

Woodbridge Library
10 Newton Road
Woodbridge, CT 06525
(203) 389-3433

Yale Visitor Center
149 Elm St.
New Haven, CT 06511
(203) 432-2300

Biographies of the IRL Study Group Leaders

John Altson has worked with high-tech software since 1961. Between 1965 and 1967, Altson managed the team that wrote the software that flew the SR-71 spy plane missions.

Julie Averbach recently graduated from Yale University with a double major in history of art and psychology. Her interests encompass areas as diverse as Russian & Soviet protest art, Indian graphic novels, and decorative arts of the Belle Époque. In July 2020, Julie launched *smARTEE* to promote arts access and emotional well-being. To date, *smARTEE* tours have welcomed over 2,000 participants from across 18 countries.

Joseph Baxer, D Min, Ph.D., is president of the United Nations Association of Connecticut. His volunteer association with the United Nations over 20 years has enhanced a lifelong conviction of the importance of local and global citizenship. He has been engaged in intercultural dialogue, led conferences and seminars focused on bridging divides between nations, diverse ethnic communities and religious cultural groups in Asia, Europe, North and South America.

Phillip L. Beard has taught modernist literature in universities for over 20 years, (including a Fulbright year in Germany), has published articles on 20th century literature and philosophy, and is currently an editor for the *Bulletin of the George Santayana Society*.

Harriet F. Bergmann, after retiring as professor of English at the U.S. Naval Academy in 2002, moved to New Haven. Since then, she has taught creative writing at Yale and works as a professional editor. She also conducts memoir writing groups at Home Haven, a part of the Village network. She is working on a book about 19th-century women's education in Boston.

Susan Birnbaum, owner and operator of *SusanSez NYC Walkabouts*, is a native New Yorker obsessed with its history and food.

Since 2002, Susan has been a licensed NYC sightseeing guide. Susan has had a lifelong interest in history (bachelor's degree in history from Hunter College) and is a member of The Bronx, Brooklyn, and New York Historical societies. In 2010, Susan was the recipient of The Bronx Tourism Award from The Bronx Tourism Council for her unparalleled commitment to sharing the rich history of The Bronx.

Dr. Marc J. Blossveren holds chemistry and psychology degrees, and a doctorate in science administration. He has done extensive work in curriculum review and development. Science supervisor (retired) for the New Haven Board of Education and is an OSHA Health & Safety Consultant.

Timothy Boyce, a New Haven native, practiced law for many years. Most recently, he served as the managing partner of the Charlotte, N.C., office of Dechert LLP, a global law firm with offices in 13 countries. He holds an MBA from The Wharton School of Finance, and a juris doctor degree from the University of Pennsylvania Law School. He received a Bachelor of Science degree from Georgetown University's School of Foreign Service. Boyce, who currently lives in Tryon, N.C., with his wife, two horses, two dogs, two cats, and almost 5,000 books, retired in 2014 to devote all his time to writing and speaking.

Gabriella Brand is a bilingual educator, writer, and public speaker. She has over 30 years of experience as a teacher of French language and literature. In addition, she has served as an intern at the United Nations during her university years. She was a program director at an Alliance Française. She holds a diploma from the Université de Neuchâtel, Switzerland and an master's degree in French pedagogy from Middlebury College, Vermont.

Jillian Celentano, MSW, is a transgender woman who began her transition in 2016 at the age of 55. She recently received her bachelor's degree in psychology at Albertus Magnus College and



her master's degree in social work at Southern Connecticut State University. She is an author, an advocate for the transgender community, and has organized support groups for transgender children and young adults. She is now beginning her career as a therapist and educator for the transgender community.

David Chevan is a professor in the music department at Southern Connecticut State University. He teaches academic courses on jazz history, American music, and Jewish music. He teaches applied courses in improvisation for students of all levels of musical experience and directs the SCSU Jazz Standards Ensemble.

Leo Cristofar has led hikes in Connecticut and New York for more than 25 years.

Franz Douskey has published several books, including *Sinatra & Me*, and *Elvis is out There*. His book, *West of Midnight*, was nominated for a Pulitzer Prize. He has taught and lectured at numerous universities, including Yale, Harvard, University of Georgia, University of Arizona and The New School of Social Research.

Thomas C. Duffy, professor of music, clinical professor of nursing, and director of university bands at Yale University. His interests and research range from non-tonal analysis to jazz, from wind band history to creativity and the brain. Duffy developed a musical intervention to train nursing students to better hear and identify body sounds with the stethoscope. His compositions have introduced a generation of school musicians to music with political, social, historical and scientific themes.

Richard Dumbrill is a history buff with a life-long interest in all things Shakespearean and Elizabethan. He became interested in the works of Shakespeare at college, first examining the iconic films *Richard III* and *Hamlet* as vice-chair of the Film Society. Later, as an English major, he wrote a thesis on the political ideas in Shakespeare's history plays. Interest in Machiavelli came much later, thanks to the influence of Dr. Joel Feimer. Feimer critiqued a draft of an essay Dumbrill wrote in 2022 about Shakespeare's history plays. The essay evolved into a self-published book titled *The Dramatic World of Shakespeare's History Plays*. Dumbrill holds a bachelor's in English and political science and an MBA in economics and organizational management.

Leonard Engel, professor emeritus of English at Quinnipiac University, served as chair of the English department for 18 years. In 1989, he was selected Outstanding Faculty of the Year. In 2013, he received Quinnipiac's Excellence in Teaching Award. He has edited seven collections of essays beginning with *The Big Empty: Essays on the Land as Narrative* in 1994 and concluding with *The Films of Clint Eastwood: Critical Perspectives* in 2018. He has written many articles on American literature and film. Most recently, he wrote "Charles Portis and True Grit" and "Thoreau, Whitman, and Abbey: Down the River and on the Open Road," both published in *Journal of the West*.

Joel Feimer, Ph.D., taught undergraduate and graduate English literature and composition at Mercy College in Dobbs Ferry, N.Y., from 1967 to 2010. He earned his doctorate in comparative literature from the City University of New York in 1983. He has published several essays on topics in medieval and modern litera-

ture and co-edited a text for composition with his former colleague at Mercy College, Howard Canaan. He began teaching for ILR in spring 2015 and serves as president of its Board of Governors.

Emily Fenichel, Ph.D., is a professor of art history at Florida Atlantic University in Boca Raton, Fla. She received her Master of Arts and doctorate from the University of Virginia. Fenichel's research focuses on the interaction of art and religion in the Renaissance, particularly in the art of Michelangelo. She is the author of numerous articles and is currently working on a book on Michelangelo's late career.

Karen Fenichel, D.M.D., has taught Mah Jongg at several venues including synagogues and adult education at high school. A dentist by training, she has played for more than 10 years. She says Mah Jongg is a good way to meet new people and make friends.

Audrey Galer pursued her love for drawing and watercolor as a hobby after retiring as a teacher. She was asked to teach ILR and night classes at junior and senior high schools in Woodbridge, and locally for senior classes. She continues to share her hobby at her home studio for the past 25 years.

Bud Glick always wanted to draw and paint. He began college as an art student and finished as a history major. In 1977, he withdrew from a graduate program in linguistics and began full-time study of photography. Since then, the camera has been the tool he uses to connect with, understand, and explain the world around him. For over 40 years he has earned his living as a photographer and adjunct professor of photography.

Phillip Goodrich (aka Phillip Hornbostel) is a historian specializing in early United States history. His best-known work is *Somerset: Benjamin Franklin and the Masterminding of American Independence*. The book was a finalist in Audiobook form for Best Work of History or Biography in 2021 for a SOVAS award in 2021 and Best Work of History for an "Audie" award in 2021. He continues to contribute to Reddit history and Quora Digest on early American history.

Frances S. Grodzinsky, Ph.D., is professor emerita of computer science and information technology at Sacred Heart University in Fairfield and past co-director of the Hersher Institute of Ethics.

Rafael Hernandez is a professor of Spanish and chair of the department of world languages and literatures at Southern Connecticut State University. He has taught at universities in Mexico, the United States, and Canada, and has published numerous articles in academic journals as well as contributed to collective volumes on Latin American culture and literature. He is the author of several books, including his most recent book, *Food Cultures of Mexico. Recipes, Costumes, and Issues*.

Lewis House, Ph.D., is a graduate of New York University and a professor emeritus of Southern Connecticut University. He is the author of several books and many articles. He is a consultant to Educational Testing Service. He is a veteran of the U.S. military.



Marcia Jamron has been fascinated by travel since her early childhood. College, followed by family duties, have not dulled the anticipation she feels for a visit to a new place or a revisit to a place she has already been, especially if it offers her the opportunity to learn and share the experience with others.

Ira Kleinfeld earned his BS, MS and Eng. Sc.D. from Columbia University. He served a professor of industrial engineering and associate provost for graduate studies research and faculty development at the University of New Haven where he initiated UNH's annual Holocaust Remembrance event. He continues to chair the planning committee as professor emeritus. He is still active at UNH, teaching courses, and being engaged in a variety of projects

Hedda Kopf taught literature and gender studies at Quinnipiac University for more than three decades. She continues to develop and lead book discussions at ILR as well as at several public libraries and other institutions in Connecticut. Hedda volunteers as a reading mentor in a New Haven public school and is the author of *Understanding Anne Frank's The Diary of a Young Girl: A Student Casebook to Issues, Sources and Historical Documents*.

Sharif I. Kronemer, Ph.D., is studying the neural mechanisms of consciousness using functional magnetic resonance imaging (fMRI) and pupillometry at NIMH in the Section of Functional Imaging Methods. His primary interests include neuroscience, neuroethics, the philosophy of mind and consciousness. He is also active in science communication and outreach.

Nick Maiorino is a seven-year ILR instructor with more than 50 years of teaching experience on public and university levels. His main background was in the biological sciences, but his interests are very eclectic as evidenced by the ILR courses he has presented. These include topics in the sciences, politics, history, and current events. He serves on the Board of Directors, curriculum, and strategic planning committees of ILR and is also an active member of the Connecticut Audubon Society. He believes deeply in the concept of life-long learning, a belief which is imbedded in the philosophy of ILR.

Mithat "Mito" Mardin, Ph.D., was born in Istanbul and is a graduate of the German High School there. He attended University of Göttingen, earning his doctorate in organic chemistry, physics and microbiology. He worked as a senior high school teacher in physics and chemistry during his dissertation. He joined Bayer Pharmaceuticals in 1977 and worked there through the end of 2010 in various positions starting as laboratory head and retiring as vice president. He has worked in three continents Europe, Asia, and North America. Since 2012, he has been president of the Japan Society of Fairfield County, served at ILR as president for three terms and followed his passion of political sciences. He is enjoying being a study group leader at ILR and sharing his knowledge on the European Union, U.S. economy, Islam, and current world affairs.

Leo Marino was born and raised in the Wooster Square section of New Haven. He spent the first 27 years of his life there at the

height of the Great Depression. He attended Eaton and Columbus schools and graduated from Commercial High School. He worked in factories, route sales, and, at 52, opened a bakery distribution business. He and his wife, Teresa, the love of his life, have been married for 68 years and together have three children, eight grandchildren and one great granddaughter. He is a veteran of WWII and the author of the award-winning book "*The House on Greene Street*."

Victoria McCraven earned her bachelor's degree from Dartmouth College with a focus on geography and art history.

Nini Munro-Chmura has a Master's in guidance and counseling, and a sixth year in counseling. She was an original Head Start teacher in New Haven, and a high school guidance counselor. She has led flora and fauna walks for Audubon, Sierra, and Appalachian Mountain Clubs.

Marie Musco is a retired nurse and has been an Orange resident for 45 years. She enjoys teaching the game to friends and family.

Maestro Alasdair Neale is the 11th music director of the New Haven Symphony Orchestra. He began his tenure in June 2019. In addition to the NHSO, he is music director of the Sun Valley Music Festival and music director of the Marin Symphony. In his 24 years as music director of the SVSS, Neale has propelled this festival to national status. It is now the largest privately funded free admission symphony in America.

Thomas Parlapiano, currently manager of the Yale Peabody Museum's Office of School & Teacher Engagement, has decades of experience teaching identification methods to birders of all ages and experience levels. Prior to starting at the Peabody Museum in 2009, Parlapiano was an environmental educator for the Town of Hamden and City of New Haven. He has participated in the World Series of Birding for more than 25 years.

Lois Procopion was born in New Britain, Conn. She received her Bachelor of Science from CCSU. She retired as a project manager at Aetna Healthcare in 2014. For the past 45 years, Procopion has been a justice of the peace. She has been a gourmet cook for over 50 years and has won first prize in various local baking competitions. Her specialty is no-knead bread-making.

Rachel Ranis has sociology degrees from Brandeis and Yale Universities. Her research on social welfare issues, aging and vocational education has taken her to Pakistan, Mexico, Columbia, Germany and the United Kingdom. She taught at the University of Bridgeport, the University of Maryland, Howard University and is retired from Quinnipiac University.

Jim Rhodes, Ph.D., graduated from Holy Cross College as a philosophy major and earned his doctorate from Fordham University, where he specialized in medieval literature and the works of James Joyce. He taught for many years in the English Department at Southern Connecticut State University and is the author of the book *Poetry Does Theology: Chaucer, Grosseteste, and the Pearl Poet*.

Joyce Saltman is professor emeritus of special education at Southern Connecticut State University. Her experience in the areas of education, therapy, and comedy has provided an outstanding background for her research on the "Therapeutic Value of Laughter." Since 1983, when she began lecturing on laughter, she has been interviewed on national radio and TV programs.

Irene Sommers, Ph.D., is a retired associate professor of humanities at Housatonic Community College. Her specialty is art history, particularly the Italian Renaissance. During her time at HCC she led student tours to museums throughout the United States, as well as to France, Italy, and the former Soviet Union. As a result, her presentations will include practical tips for museum visits, such as where to find an inexpensive restaurant, the location of the nearest Metro stop or taxi stand, and the most important, where the best restrooms are located. She was the administrative editor for *The New York Times* magazine division and manager of public policy for Bayer Pharmaceutical Corp.

Michael Stein, Ph.D., fell in love with the art, architecture (and food) of the capital of France on his first trip to Paris in 1965. During subsequent visits, he photographed the monuments, churches, museums (and pastries) of Paris to supplement his lectures. For more than five decades, Stein taught studio art and art history at Kent State University, the Cleveland Institute of Art, Wilkes University, and Housatonic Community College.

Monica Talmor is a lab manager in the Molecular Diagnostics Lab at Yale University. She is involved in amateur genealogy for over 25 years, a board member of the Jewish Genealogy Society of Connecticut for over 15 years and has lectured on "DNA for Genealogy" and "How to start your Genealogy."

Rabbi Alvin Wainhaus, son of Holocaust survivors, was raised in an Orthodox environment in Brooklyn, N.Y. A graduate of Brooklyn College with a degree in philosophy, he earned a Master of Education degree from New York University and was ordained in Tel Aviv in 1972. Wainhaus served congregations in Yarmouth, Nova Scotia, and Manhattan prior to becoming the spiritual leader of Congregation Or Shalom in Orange in 1981. He has immersed himself in the Jewish and secular life of the community and is highly regarded as a spiritual leader, educator, and lecturer on a wide range of religious and secular issues. His involvement in interfaith activities throughout Greater New Haven has earned him the respect and admiration of Jews and non-Jews alike.

Christopher Wigren is the deputy director of Preservation Connecticut, the statewide nonprofit for preserving and promoting the state's significant buildings, landscapes, and communities. Currently, he is coordinating a project with the Connecticut State Historic Preservation Office to document the heritage of the Olmsted landscape architecture firm in Connecticut. Mr. Wigren is the author of *Connecticut Architecture: Stories of 100 Places* and serves on the State Historic Preservation Board and the Merriott Parkway Advisory Committee.

Barry L. Zaret, M.D., is currently the Robert W. Berliner Professor Emeritus of Medicine at Yale University and former chief of cardiology at Yale for over 24 years. He has written poetry for over 18 years. His work has appeared in many journals and publications and collections. He is the author of three poetry volumes published in the past 10 years, with a fourth volume expected to be ready for publication in the fall. He has had many readings locally and around the country.

For Your To-Do List



- ◆ Sign up today for whatever classes sound interesting. They go quickly. Go to www.ilralbertus.org
- ◆ Tell a friend or two about ILR and invite them to come to a class. At least tell them about the classes you've chosen.
- ◆ Find a class that opens you up to something new...something you've never tried before and sign up for that class!



Click on <https://www.ilralbertus.org/> or scan this QR code



From an ILR news release distributed in June

Hamden's Lake Wintergreen becomes a Classroom for Lifelong Learners

A wooded path along Lake Wintergreen isn't your typical classroom. Then again, the students walking down that path weren't part of a typical class.

The students were participating in a bird-watching class presented by the Institute of Learning in Retirement of Greater New Haven. ILR offers lifelong learners, mostly people over 55, a variety of classes in different topics. Students come from all the towns surrounding New Haven and beyond. This class was taught by Tom Parlapiano, manager of school and teacher engagement at Yale's Peabody Museum of Natural History. Students had previously attended a lecture and were now taking what they learned into the field.

"I wanted to learn more about birds and be out in nature," said Joy Duva, one of the students. "It's great to be with someone is knowledgeable about birds and it was nice to be with a group of people interested in nature and being outdoors."

Ms. Duva, a Milford resident, is typical of the students who attend classes put on by ILR. And Mr. Parlapiano is typical of the volunteers who teach the classes.

"The offerings are really diverse, and the instructors are quite good," said student David Phelps, a Hamden resident. "They get some really talented people to come and speak."

In fact, instructors range from people who have gained knowledge and expertise through experience, to Ph.D.s, retired college professors and experts in their fields. The result is high-quality classes for people who like to learn without the pressure of grades and attendance records.

Ms. Duva says she's taken a variety of classes from how to improve your lawn and take photos with your smartphone to a session on economics. For Mr. Phelps, who has two master's degrees, ILR quenches his thirst for learning.

"That's the great thing about



Tom Parlapiano shows two ILR students a picture of a bird they've spotted. Parlapiano is running a class about raptors (22-34) this semester.

ILR," said Ms. Duva. "They have such a wide array of courses, and you meet such interesting people."

"I've always enjoyed learning," said Mr. Phelps. "I like to learn new things. There's a broad spectrum of topics that I like to get into."

This class met in the parking lot of Lake Wintergreen, which is part of West Rock Ridge State Park in Hamden. Gathering around Mr. Parlapiano, the students discussed their expectations. They would look for wading birds by the lake and then walk down the forest path looking and listening for a birds living in the woods.

With their instructor at the lead, they walked slowly under the trees, listening to the different birds. Mr. Parlapiano would show them a field guide with illustrations of the birds they were hearing. When someone spotted a bird, they called it out and five sets of binoculars came up to look. Mr. Par-

lapiano would talk about the birds they were seeing.

By the end of the class, the group had seen a great blue heron, robins, vultures, catbirds, swallows, wood thrushes, song sparrows and a few other birds. And they had listened to a few birds that they never spotted.

The walk didn't go far. The learners spent a lot of time stopping and looking, listening and learning. Even as they walked back to their cars, they were watching for birds and chatting among themselves. For Ms. Duva, the day was a success.

"The class was a great opportunity to see birds and learn about their behavior with an experienced and enthusiastic instructor," she said. "And I always enjoy the camaraderie with the other students."

More information is available at <https://www.ilralbertus.org> or by calling (203) 747-9675.

Join us to keep ILR growing and improving

Remember that expression about things that “take a village?” Well, it takes more than a village to keep the Institute of Learning in Retirement going.

From the people who make the policies that govern the organization to the study group leaders and those who help make the classes happen, volunteers comprise the entire staff of ILR.

Take a look at Page 3 of this catalog, and you’ll see the variety of committees that it takes to keep this place humming.

Technology, for instance, used

*Join a
committee*



smoothly. That means running well for the presenters and for the students.

Another group keeps the coffers full. And while one group makes sure we have volunteers for these committees, another team looks to the future to assure that ILR will always offer relevant topics and use up-to-date technology.

We’d love for you to join us. Take a look at that list on Page

2. It includes the chairs of each committee and their phone numbers. Give that person a call. Ask any questions you may have. Then sign up and help us keep ILR the best lifelong-learning opportunity world and in our own backyard, run

were in place for PowerPoint presentations. These are now the volunteers who are making sure that Zoom programs, presented by top-notch instructors all over the world and in our own backyard, run in Greater New Haven.

Help IRL just by inviting a friend to come a class



You may have never thought of yourself as a marketing person or a sales expert, but when it comes to ILR, you are our most powerful sales tool. And we need you to flex that power.

Many of our past participants chose not to do classes on Zoom. Without realizing it, they may have let their membership expire. And, of course, there are lots of people who are newly eligible to become part of our community.

Please spread the word about the exciting classes that ILR is planning to offer. And let your friends know that we’re planning on holding in-person sessions as well as Zoom classes. Tell a friend or friends and have them tell a friend or friends. That’s how we grow our organization. When you receive the newsletter by email, share it with your friends.

For our current members, thank you for your loyalty. For our returning members, welcome back! We’ve missed you. For our new members, we warmly welcome you to the ILR family and hope you stay with us for years to come.



Here's how to join your ILR Zoom class

As the pandemic wanes, ILR is adding more in-person classes at a variety of venues in the New Haven area. But that doesn't mean Zoom is going away.

Zoom offers us the opportunity to hold classes taught by experts from all over the country. And the fact is some of us just aren't comfortable in crowds yet.

With that in mind, some of our Fall 2022 classes will be on Zoom. Here is what you need to know:

- Registration for courses will continue to be done the same as in-person courses, however members of the same household who are sharing one device (computer, tablet or phone) to log in only need to register and pay for one person.
- When looking at classes online, scroll down below the Zoom link to see a class description.
- Class size is limited to 100 people by our Zoom license. Some courses may be further limited because of SGL preference or for facilitation of discus-



sion.

- If a class is full, you will not be able to log in with more than one device. If you have been using two devices in the past because you don't have one device with a microphone and a camera, you will need to choose one to login with.
- If you've never used Zoom before or have a new device, you may want to test your camera and microphone ahead of time. Click <https://zoom.us/>

[test](#) to see if you have a working camera and microphone.

- A confirmation with the Zoom login links will be emailed the day before the class starts.
- TIP - Create a new folder or mailbox in your email app, then put the confirmation letters in it, so you can find them easily on class days. If you name it AAA Zoom it will be at the top of the list of your email folders.
- Another TIP - If you use an electronic calendar, such as Google calendar or iCal, cut and paste the log-in link into your calendar.
- To login into the class with a computer or tablet, click on the link in the confirmation letter.
- If you are using a phone, you may need to dial (646) 558-8656 and login by typing in the Meeting ID (Passcode from the confirmation letter) and Meeting Passcode (Access Numbers from the confirmation letter).



INSTITUTE FOR
LEARNING IN
RETIREMENT

P.O. Box 1156 • Orange, CT 06477

Presorted
First-Class Mail
US Postage PAID
Milford, CT
Permit #177