

2017

ILR FALL

THE INSTITUTE FOR
LEARNING IN
RETIREMENT, INC.
AT ALBERTUS
MAGNUS COLLEGE



ILR Membership & Registration:

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Dear ILR Members,

We are very pleased to present our 2017 Fall Semester. The Curriculum Committee has worked hard to put together an array of courses that covers many areas of interest. This Fall we have over 40 classes and trips included in this catalog. We are sure that you will find something (or more than one something) that will excite and intrigue you as you select the courses you wish to attend.

Although all of our members receive a printed catalog, online registration at www.ilralbertus.coursetorm.com is the quickest and easiest way to make sure you get into the classes you want, as many fill up very early. We also offer a wait list option so you can be contacted if a full course opens up. That is not to say that those of you who do not use online registration will be missing out. This year we have postponed availability of online registering for a few days so you can receive this catalog in the mail and make your selections.

Whether you register online or by mail, please take a class and become involved with ILR. Many studies have shown that keeping socially active, engaged, and learning are some of the best ways to keep your mind healthy and active. ILR certainly fills that prescription easily. Not only do we have classes and trips, we also have volunteer opportunities and social events for all of our members.

We hope you enjoy the Fall Semester. We on the Committees and Board may do the work for you, but we can't be successful without you. Thank you for your continued support.

Keep learning,
Susan Vallillo

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- F-17-01. 9:00-5:00 – Bus Trip Naumkeag, Stockbridge, MA – Marcia Jamron – 9/13
Monday
 F-17-02. 10:30-12:00-US Economy and Beyond -Mito Mardin-UNH Orange 10/2, 9,16
 F-17-03. 10:30-12:00- Europe Union and Brexit Negotiations: The Road Ahead after French, British and German Elections – Mito Mardin & Jack Lawson -UNH Orange—10/23, 30, 11/6
 F-17-04. 1:00-3:00-Creative Writing for Beginners – Nini Munro-Chmura – Whitney Center -10/2, 9, 16, 23, 30; 11/6
 F-17-05. 1:00-2:30-The Gulf of Tonkin Events—the Start of War-John White, Albertus Magnus-10/16
 F-17-06. 1:00-2:30-The Power of Poetry – Shula Chernoff – Chernoff home – 10/16, 23, 30; 11/6
Tuesday
 F-17-07. 10:00-11:30-Shakespeare Becoming Shakespeare: *The Most Lamentable Tragedy of Titus Andronicus & The Taming of the Shrew*- Joel Feimer-Albertus Magnus-10/3, 10, 17, 24, 31; 11/7,
 F-17-08. 10:00-11:00-Orthodox Church Architecture and Iconography—Rev. Peter Orfanakos/Steve Yates/Basil Chaltas—St. Barbara's Greek Orthodox Ch.-10/10
 F-17-09. 10:00-11:30-Behind the Headlines: Physics and Astronomy – Peter Parker – Albertus Magnus – 11/7, 14, 21
 F-17-10. 10:00-11:15-Why Poetry Matters - Jim Rhodes—Albertus Magnus-10/3, 10, 17, 24, 31; 11/7, 14, 21
 F-17-11. 10:30-11:30-Will Eat for Money: A Food Writer's Journey – Todd Lyon – Albertus Magnus-9/26
 F-17-12. 10:30-12:00-The Middle East Focusing on Current Events in Qatar, Syria, Iraq, and Turkey –Mito Mardin -Woodbridge Library – 10/3, 10, 17
 F-17-13. 12:30-2:00-Lunching Adventures A—Debbie McKeever-TBA-10/3, 17, 31; 11/4
 F-17-14. 1:00-2:00-America Goes to War – Lew House – Woodbridge Library – 10/3, 10, 17, 24
 F-17-15. 1:00-2:00-Winston Churchill – 20th Century Icon -Sara Otey – UNH Orange 11/7, 14, 21, 28
 F-17-16. 1:30-3:30-Teresa of Avila: Theologian and Woman of Spanish Letters – Elizabeth Dreyer - Albertus Magnus -10/3, 10, 17, 24, 31
Wednesday
 F-17-17. 10:00-11:30- Beowulf to Bilbo: Tolkien's Transformation of the Old English Heroic Ideal –Joel Feimer - Albertus Magnus – 10/4, 11, 18, 25; 11/1, 8
 F-17-18. 10:00-11:00- Connecticut People and Events that Made a Difference – Dr. Jon E. Purmont- UNH Orange—10/18, 25; 11/1, 8
 F-17-19. 10:30-12:30-Beginner Water Color Painting- Mary Lou Horan –Artist Home 10/4, 11, 18, 25; 11/1
 F-17-20. 11:00-12:00-Our Presidential Election System – Martin Wolf – UNH Orange 11/1, 8.
 F-17-21. 11:00-12:00-An All New Jewish “Believe it or Not”— Rabbi Alvin Wainhaus – Congregation Or Shalom- 11/22
 F-17-22. 12:30-2:00-Lunching Adventures B – Edith Carlson/Debbie McKeever-TBA10/4, 18; 11/1, 15
 F-17-23. 12:30-3:30-Film Series Couplets – Marcia Goodman – Whitney Center 6th Floor Common – 9/27, 10/4, 11, 18, 25; 11/1, 8, 15

Wednesday (continued)

Wednesday (continued)

- F-17-24. 1:00-3:00-What's New in Medicare? – Trish Pearson--Woodbridge Library, 9/27
 F-17-25. 1:00-2:30-New Haven Firsts – Colin Caplan – Woodbridge Library –10/18
 F-17-26. 1:00-2:00-Symposium on the Purchase of Alaska: A Sesquicentennial Celebration-Gustave Davis – UNH Orange – 11/29; 12/6

Thursday

- F-17-27. 9:00-5:00 - Bus Trip – Weeksville & Brooklyn Historical Museum with lunch- Marcia Jamron, New York -10/26
 F-17-28. 9:00-5:00 –Walk the High Line NY– Holly Chepow – New York -10/19
 F-17-29. 9:30-11:30-Short Hikes in the Greater New Haven Area – Leo Cristofar— TBA—10/5, 12, 19, 26
 F-17-30. 10:00-11:00 Financial Planning Basics in Retirement – Christopher Calandra/ Harold Hartman - Albertus Magnus 10/5, 12, 26
 F-17-31. 10:00-11:30-The Epic of Gilgamesh and the Contexts of Biblical Narrative – Joel Feimer - Albertus Magnus, 10/5, 12, 19, 26; 11/2, 9
 F-17-32. 10:00-12:00-Using Your Computer 101– Susan Vallillo – UNH Orange 10/5, 12
 F-17-33. 10:30–12:00-Remembering Katharine Hepburn--Ann Nyberg-Woodbridge Library-10/5
 F-17-34. 11:00-12:00-South Africa – A Historical and Contemporary Perspective – Richard Dumbrill – Albertus Magnus -10/26
 F-17-35. 12:30-2:30-The Subtle Shades of Prejudice –Sydney Perry, Omer Bajwa, Rabbi Herb Brockman, Sharon Kugler, Subhash Choudary-American Legion -11/2
 F-17-36. 1:00-3:00 -Excel 101 – Susan Vallillo – UNH Orange - 10/5, 12
 F-17-37. 1:00-2:00-Sacred Sites in Ancient Ireland – William Waldron - Albertus Magnus–10/26
 F-17-38. 2:00-3:30-Henry James and Edith Wharton: Great American Novelists in Conversation-Hedda Kopf – Albertus Magnus – 10/12, 26; 11/9, 16

Friday

- F-17-39. 10:30-12:00-How Undemocratic is the EU as Frequently Indicated by Populists? Mito Mardin – Woodbridge Library—10/13, 20, 27
 F-17-40. 2:00-4:00-Visit to Yale's Institute for the Preservation of Cultural Heritage (IPCH) – Ian McClure – Yale West Campus -11/17
 F-17-41. 2:00-3:30 - Detailing the Five Essentials for a Healthy Longevity – Dennis Bollier & Kerry Hardy RN – Woodbridge Library-10/6

Please note that catalogs will no longer be mailed to former members who have not renewed their membership in two years. Catalogs are always available online.

Future Events:

- Late November - Newsletter
- There will be an additional course in December, "On Tyranny" – author Timothy Snyder – date and time to be announced
- December Holiday Meeting – December 13

F-17-01 Bus Trip to Naumkeag, Stockbridge, MA

Study Group Leader: Marcia Jamron

Wednesday : 9:00 AM - 5:00 PM

One Session: 09/13/17

Location: Stockbridge MA

Maximum: 54

Course Fee: \$87

The summer is really flying by now, but ILR has a wonderful trip to look forward to! Think of the Berkshire Mountains in the late summer. Think of the wealthy families who spent their summers at magnificent homes, picnicking, playing golf, reading on huge porches, having grand parties on the spreading green lawns. One of the summer retreats designed by the famous Stanford White was for New Yorkers Joseph Choate, a lawyer and diplomat, and his wife Caroline, an artist and women's education activist from the late 1800's to the early 1900's. They named their home Naumkeag in Stockbridge, Massachusetts. Their daughter inherited the home in 1929 and filled the house with souvenirs from her vast travels and oversaw a redesign of the gardens with the famous landscape architect Fletcher Steele. We will tour this 44-room mansion (not all rooms but many) giving ILR the rare opportunity to experience the house and gardens as the Choates and their guests did. We follow this with lunch at THE RED LION INN in Stockbridge. This Inn is famous as it has been a tavern and hotel since before the 1800's. Everyone who travels to the Berkshire area knows and loves The Red Lion Inn but often cannot get a reservation there. We have one so look forward to this special treat! Sign up ASAP...time is short! COST: \$87.00. Sign up on ILR's website or send a check to Marcia Jamron, 229 Karen Dr., Orange, CT 06477. Pick-up time and place will be sent to you by Sept.9. Get your reservation in quickly! You must be a member to sign up for this trip.



F-17-02 U.S. Economy and Beyond: Current Events

Study Group Leader: Mito Mardin PhD
 Monday: 10:30 AM - 12:00 PM
 Three Sessions: 10/02/17 - 10/16/2017
 Location: UNH Orange Campus
 Maximum: 40
 Course Fee: \$10



October 2, 9, 16. The current status of the U.S. Economy vis-à-vis major world economies will be reviewed. The Trump administration's policy proposals and the likelihood of associated legislation will be one of the focus discussion topics.

F-17-03 Europe Union and Brexit Negotiations: The Road Ahead after French, British and German Elections

Study Group Leader: Mito Mardin PhD and Jack Lawson MD
 Monday: 10:30 AM - 12:00 PM
 Three Sessions: 10/23/17 - 11/6/2017
 Location: UNH Orange Campus
 Maximum: 40
 Course Fee: \$10



October 23, 30; November 6. We will be reviewing the new circumstances after French, British and German elections under which the negotiations will have started. Current status of the European economies will also be discussed.

F-17-04 Creative Writing for Beginners

Study Group Leader: Nini Munro-Chmura
 Monday: 1:00 PM - 3:00 PM
 Six Sessions: 10/02/17 - 11/6/2017
 Location: Whitney Center
 Maximum: 8
 Course Fee: \$10



October 2, 9, 16, 23, 30; November 6. Come, enjoy, and learn how to be creative with the genre you love. It's not too late to tap into your right brain to write creatively. What about a memoir, a story that needs to be told, something whimsical or a poem, or whatever turns your right brain to be creative? Learn how metaphors and images can help your writing come alive. Learn how to make your words flow

F-17-05 The Gulf of Tonkin Events - The Start of the War

Study Group Leader: John White
 Monday: 1:00 PM - 2:30 PM
 One Session: 10/16/17
 Location: Albertus Magnus AH Rm. G9
 Maximum: 40
 Course Fee: \$5



The U.S. war in Vietnam began on August 4, 1964, when North Vietnam allegedly attacked the US destroyers Maddox and Turner Joy while they were steaming peacefully on the high seas in the Gulf of Tonkin. This is what President Lyndon Johnson reported to Congress the next day. The report prompted Congress to pass the Gulf of Tonkin Resolution which allowed Johnson (and, later, President Richard Nixon) to wage war not only in Vietnam but also covertly in Southeast Asia. But Johnson's report was a lie. John White of Cheshire was a naval officer in the Pacific at the time of the attack. He read the secret messages sent by the destroyers to higher command-messages which ended by saying the sonar was probably not operating properly and therefore the reports of torpedo attacks were false. As the war escalated and death toll mounted, John wrestled with himself about the knowledge he had, revealing it could be called treason. In 1967, and then a civilian, John wrote a letter to the New Haven Register claiming LBJ had given false information to Congress. The letter provoked an international furor. John will tell us about what happened.

F-17-06 The Power of Poetry

Study Group Leader: Shula Chernoff
 Monday: 1:00 PM - 2:30 PM
 Four Sessions: 10/16/2017 - 11/6/2017
 Location: SGL home
 Maximum: 10
 Course Fee: \$10



October 16, 23, 30; November 6. The Study Group Leader will discuss the work of famous contemporary poets. Each of the four sessions will be devoted to poems based on themes. Packets of poems will be distributed to each participant. 10/16 Poetry about aging, loss and friendship 10/23 Poetry about memories of childhood, country, family; 10/30 Political poetry, displacement, wanderings, memories of homeland; 11/6 Many themes, many styles of poetic musings. Class held in SGL home. Address, phone number and directions will be provided to those who enroll in the course.

TUESDAY

F-17-07 Shakespeare Becoming Shakespeare: The Most Lamentable Tragedy of Titus Andronicus and the comedy, The Taming of the Shrew

Study Group Leader: Joel N. Feimer PhD
 Tuesday: 10:00 AM - 11:30 AM
 Six Sessions: 10/03/17 - 11/7/2017
 Location: Albertus Magnus AC 212
 Maximum: 25
 Course Fee: \$10



October 3, 10, 17, 24, 31; November 7. Early in his career as a dramatist, Shakespeare followed and experimented with the themes, motifs, and dramatic situations established by his early contemporaries. Shakespeare perfected the revenge play, which he transformed in his masterwork, Hamlet, into what is arguably his bloodiest and most carnage-strewn drama, *The Most Lamentable Tragedy of Titus Andronicus*, which indeed, it is. This offering was his most popular and most performed during his lifetime and immediately afterward. It outdoes Thomas Kyd and Christopher Marlowe in excesses of action and poetry. Since the film adaptation, Titus, shepherded by Julie Taymor in 1999, the tragedy of Titus and his family has seen numerous revivals, especially in regional theater. In *The Taming of the Shrew*, Shakespeare adapts a few of the characters and motifs found in his tragedy, metamorphing them for the purposes of comic action and blazing a trail of misogyny chagrining actors and critics from his time to ours. Both of these plays provide mechanisms and information by which an audience can appreciate the development of Shakespeare's dramatic art. Caution: these plays are not for the faint of heart.

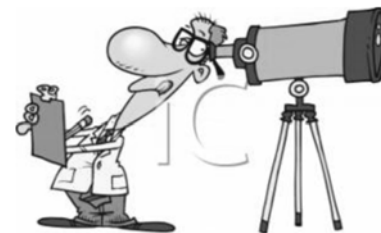
F-17-08 Orthodox Church Architecture and Iconography

Study Group Leader: Rev. Peter J. Orfanakos, Steve Yates and Basil Chaltas
 Tuesday: 10:00 AM - 11:00 AM
 One Session: 10/10/17
 Location: St. Barbara Greek Orthodox Church
 Maximum: 75
 Course Fee: \$5

Come be our guest and see how an Orthodox Church elevates the human experience and creates a sacred place of heavenly worship. Learn how architecture, (the creation of interior space), and iconography (the depiction of holy events and saintly people) carry the viewer from the earthly world to the heavenly kingdom of God.

**F-17-09 Behind the Headlines: Physics and Astronomy**

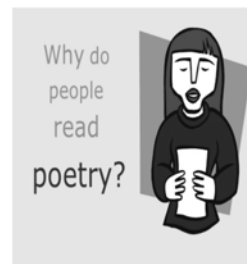
Study Group Leader: Peter Parker, Professor Emeritus at Yale
 Tuesday : 10:00 AM - 11:30 AM
 Three Sessions: 11/07/17 - 11/21/2017
 Location: Albertus Magnus CC 101
 Maximum: 25
 Course Fee: \$10



November 7, 14, 21. Wondering about the news you read that mentions exoplanets, gravity waves, multiverses, and/or topics suggested by the class? Join this informal class for non-scientists to gain a better understanding of the science behind the news. No math required!

F-17-10 Why Poetry Matters

Study Group Leader: Jim Rhodes PhD
 Tuesday : 10:00 AM - 11:15 AM
 Eight Sessions: 10/03/17 - 11/21/2017
 Location: Albertus Magnus AH G9
 Maximum: 30
 Course Fee: \$10



October 3, 10, 17, 24, 31; November 7, 14, 21. The poet William Carlos Williams once said, "It is difficult to get the news from poetry, but men suffer terribly everyday for want of what is found there." Alan Ginsburg remarked that "Poetry is the one place where people can speak their original human mind. It is the outlet for people to say in public what is known in private." The aim of this course is to explore what Williams and Ginsburg have in mind in order to better understand both how and what a poem means through a study of the images, sounds, and language that poets use. We will study poems that are sometimes complex but accessible to our understanding and are representative of the best that have been written in the English language. Recommended book purchase: *The Giant Book of Poetry* edited by William Roetzhirn (Level 4 Press) available on Amazon or Barnes & Noble for \$13.

F-17-11 Will Eat for Money: A Food Writer's Journey

Study Group Leader: Todd Lyon
 Tuesday : 10:30AM - 11:30 AM
 One Session: 09/26/17
 Location: Albertus Magnus G9
 Maximum: 40
 Course Fee: \$5



Have you read my restaurant reviews over the years? Now is my chance to meet you in person. Writing as Mimi Couchner in the NH Advocate, with my mom, the "Ladies Who Lunch" in CT Life, and as Todd Lyon in the New Haven Register, Connecticut Magazine and New Haven Living, I have consumed approximately 750,000 calories and generated almost as many words in the service of bringing great meals to life. I'll share my journey, tell some stories, answer all questions and give up the skinny on our brand-new glossy magazine, NEW HAVEN. I'll also be armed with insider tips: Where to eat and what to order right now.

F-17-12 The Middle East Focusing on Current Events in Qatar, Syria, Iraq and Turkey

Study Group Leader: Mito Mardin PhD
 Tuesday: 10:30 AM - 12:00 PM
 Three Sessions: 10/03/17 - 10/17/2017
 Location: Woodbridge Library
 Maximum: 60
 Course Fee: \$10



October 3, 10, 17. A review of current events in the Middle East and how they impact the reorientation of the region itself and the major world powers' engagement in it. We'll be reviewing the new developments in Turkey, Syria/Iraq and Qatar's woes with its neighbors.

**F-17-13 Lunching Adventures A**

Study Group Leader: Debbie McKeever
 Tuesday : 12:30 PM - 2:00 PM
 Four Sessions: 10/03/17 - 11/14/2017
 Location: TBA
 Maximum: 15
 Course Fee: \$95

October 3, 17, 31; November 14. If you love to eat, and have an adventurous spirit, join us to experience a delicious dining journey through four new, taste-tested restaurants. Locations will be sent upon registration. Fee includes lunch and registration. Must register for all 4 lunches. No discounts or refunds given for missed lunches.

F-17-14 America Goes to War - 20th Century

Study Group Leader: Lewis House PhD
 Tuesday: 1:00 PM - 2:00 PM
 Four Sessions: 10/03/17 - 10/24/2017
 Location: Woodbridge Library
 Maximum: 60
 Course Fee: \$10



October 3, 10, 17, 24. We will discuss causes, war itself, home front and repercussions. The Spanish-American War, World Wars I and II, Korea, and Vietnam will be discussed.

**F-17-15 Winston Churchill - 20th Century Icon**

Study Group Leader: Sara Otey
 Tuesday: 1:00 PM - 2:00 PM
 Four Sessions: 11/07/17 - 11/28/2017
 Location: UNH Orange Campus
 Maximum: 40
 Course Fee: \$10

November 7, 14, 21, 28. Winston Churchill's war leadership and his career in Parliament are legendary. We will examine his life and its relevance in today's world.

F-17-16 Teresa of Avila: Theologian and Woman of Spanish Letters

Study Group Leader: Elizabeth Dreyer PhD
 Tuesday: 1:30 PM - 3:30 PM
 Five Sessions: 10/03/17 - 10/31/2017
 Location: Albertus Magnus CC 101
 Maximum: 12
 Course Fee: \$10



October 3, 10, 17, 24, 31. Teresa of Avila (1515-1582) is considered one of the greatest Christian thinkers. She wrote in the context of a spiritually creative, troubled century in Spain during the time of the Protestant and Catholic Reformations. She is now considered one of the finest women theologians in the Christian tradition - an identity that was unimaginable in her own time. In this course, we will do a "slow reading" of her most famous work, "The Interior Castle." Join us to plumb the depths of her thought, probe its meaning in her early modern context, and ask whether elements of her thought provide a vision by which Christians might live in our post-modern 21st century world. Students are required to obtain a copy of Paulist Press' Teresa of Avila, "Interior Castle" (1988) ISBN: 9780809122547

F-17-17 Beowulf to Bilbo: Tolkien's Transformation of the Old English Heroic Ideal

Study Group Leader: Joel N. Feimer PhD
 Wednesday: 10:00 AM - 11:30 AM
 Six Sessions: 10/04/17 - 11/8/2017
 Location: Albertus Magnus AH G9
 Maximum: 25
 Course Fee: \$10



October 4, 11, 18, 25; November 1, 8.
 Beowulf, arguably the earliest example of an epic hero in the English language, is transformed in the early fiction of J. R. R. Tolkien into a new version of a hero for the twentieth century. Beowulf is size, strength and singleness of purpose. He is injured to hardship and battle and is always ready to seek and serve the causes of justice and God. Beowulf springs into heroic action as soon as he is aware of a need for his services. Bilbo, on the other hand, is diminutive, cautious and comfort loving. He is at first appalled by the call to quest for justice and confront evil. Instead of a warrior's skills, he develops and hones his latent talents for burglary as he approaches his confrontation with an evil equivalent to that to which Beowulf succumbs. Beowulf is; Bilbo grows. Each remains quintessentially himself at the end of these narratives, but Bilbo augments himself by acquiring a courage and a cunning he did not know he had. Tolkien adapts the heroic tropes and ideals of the Old English epic, which he studied, translated, and taught, as he develops a hero for his age. The original publication date for The Hobbit was 1937; a time in which evil was gathering momentum around the world. Tolkien found a way to metamorphose the archetypal epic hero into a model of heroism for the common man.

F-17-18 Connecticut People and Events that Made a Difference

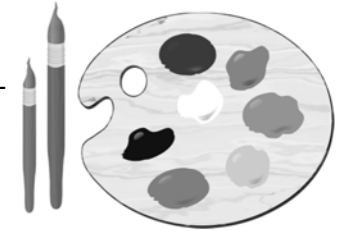
Study Group Leader: Dr. Jon E. Purmont
 Wednesday: 10:00 AM - 11:00 AM
 Four Sessions: 10/18/17 - 11/8/2017
 Location: UNH Orange Campus
 Maximum: 25
 Course Fee: \$10

October 18, 25; November 1, 8. This class will focus on people and events that made Connecticut history unique and special. We focus on their leadership that you may not know but will come to appreciate .



F-17-19 Beginner Watercolor Painting

Study Group Leader: Mary Lou Horan
 Wednesday: 10:30 AM - 12:30 PM
 Five Sessions: 10/04/17 - 11/1/2017
 Location: 190 Wooster Street, New Haven CT
 Maximum: 8
 Course Fee: \$10



October 4, 11, 18, 26; November 1. Beginner classes will learn to mix colors, make washes and create interesting compositions working from still life, pictures and shapes. We will explore the various options for developing luscious watery paintings. Material fee is an additional \$10 payable to Study Group Leader at the start of the class.

F-17- 20 Our Presidential Election System

Study Group Leader: Martin F. Wolf
 Wednesday: 11:00 AM - 12:00 PM
 Two Sessions: 11/1, 8
 Location: UNH Orange Campus
 Maximum: 40
 Course Fee: \$10
 November 1, 8. We will examine the system, how it has functioned in recent elections, and proposals concerning it.



F-17-21 An All New Jewish "Believe It or Not!"

Study Group Leader: Rabbi Alvin Wainhaus
 Wednesday: 11:00 AM - 12:00 PM
 One Session: 11/22/17
 Location: Congregation Or Shalom
 Maximum: 75
 Course Fee: \$5



Rabbi Wainhaus will engage us once again in this entertaining and educational topic. His new list of "Believe it or Not" will include Tuesdays are Lucky Days, Elvis was a Shabbos goy!, Haagen-Dazs ice cream doesn't come from Denmark and has no meaning in Danish. There is no word for "fun" in Yiddish. Adam and Eve did NOT eat an apple. According to Jewish and Christian tradition, there once was a Jewish Pope! Rabbi Wainhaus assures us that "you'll learn a lot in this hour-long session, BELIEVE IT OR NOT."

F-17-22 Lunching Adventures B

Study Group Leader: Edith Carlson and Debbie McKeever
 Wednesday: 12:30 PM - 2:00 PM
 Four Sessions: 10/04/18 - 11/15/2017
 Location: TBA
 Maximum: 15
 Course Fee: \$95



October 4, 18; November 1, 15. If you love to eat and have an adventurous spirit, join us to experience a delicious dining journey through four new, taste-tested restaurants. Locations will be sent upon registration. Fee includes lunch and registration. Must register for all 4 lunches. No discounts or refunds given for missed lunches.



F-17-23 Film Series: Couplets

Study Group Leader: Marcia Goodman
 Wednesday: 12:30 PM - 3:30 PM
 Eight Sessions: 09/27/17 - 11/15/17
 Location: Whitney Center 6th Flr. Common
 Maximum: 75
 Course Fee: \$15

September 27; October 4, 11, 18, 25; November 1, 8, 15. All selections are subject to change without prior notice. The 8 movies in this series consist of 2 movies on each of 4 different topics—hence the title "couplets." All films have captions (subtitles). Following each movie is a discussion for those who wish. A handout each week will contain analyses of the following week's movie that registrants may read before or after the movie, or not read at all, (your choice). An additional \$5 charge for film rental and handouts is included in the registration fee for this course.

- 9/27: Orlando (1992; Great Britain; Sally Potter)-Topic: "Through the Ages"
- 10/4: Russian Ark (2002; Russia; Alexander Sokurov)-Topic: "Through the Ages"
- 10/11: Sundays and Cybele (1962; France; Serge Bourguignon)-Topic: "Forbidden Relationships"
- 10/18: Leon The Professional (1994; France; Luc Besson)-Topic: "Forbidden Relationships"
- 10/25: The Flat (2011; Israel/Germany; Arnold Goldfinger)-Topic: "Different Ways of Viewing History"
- 11/1: Imaginary Witness (2004; USA; Daniel Anker)-"Different Ways of Viewing History"
- 11/8: Hunt for the Wilderpeople (2016; New Zealand; Taika Waititi)-Topic: "Unusual/Charming Coming of Age Films"
- 11/15: Moonrise Kingdom (2012; USA; Wes Anderson)-Topic: "Unusual/Charming Coming of Age Films"

F-17-24 What's New in Medicare?

Study Group Leader: Trish Pearson
 Wednesday: 1:00 PM - 3:00 PM
 One Session: 09/27/17
 Location: Woodbridge Library
 Maximum: 60
 Course Fee: \$5



How will proposed changes impact Medicare coverage? Need help making sense of the "Medicare Alphabet Soup" A, B, C, D? This class will provide an update on Medicare coverage for 2018 as well as an overview of expanded health insurance options. There will be ample opportunity for Q&A as well as discussion.



F-17-25 New Haven Firsts

Study Group Leader: Colin M. Caplan
 Wednesday : 1:00 PM - 2:30 PM
 One Session: 10/18/17
 Location: Woodbridge Library
 Maximum: 60
 Course Fee: \$5

This illustrated presentation demonstrates some of the important inventions and inventors that came out of New Haven, and spans from the earliest days of colonial settlement to the modern era.

F-17-26 Symposium on the Purchase of Alaska: A Sesquicentennial Celebration

Study Group Leader: Gustave L. Davis MD
 Wednesday: 1:00 PM - 2:00 PM
 Two Sessions: 11/29/17 - 12/6/2017
 Location: UNH Orange Campus
 Maximum: 40
 Course Fee: \$10



Alas-

November 29; December 6. William H. Seward, "Other than presidents...the foremost American statesman of the 19th century." (Stahr) If I forgot you O' Union Let my right hand forget its cunning. Let my tongue cleave to the roof of my mouth." (Psalm 137:5).How did it happen? 1) Dr. Davis will discuss the impact of the injuries suffered in the failed assassination attempt and preceding carriage accident; 2) Nott's Boys & the Purchase of Alaska: A Sesquicentennial Celebration. The 1867 purchase of Alaska from Russia is indelibly associated with Secretary of State William Henry Seward as "Seward's Folly." However, the successful outcome of that purchase was abetted by an additional group of extraordinary Union College alumni. The common thread "knotting" them together was Eliphalet Nott, long time President (62 years) of Union College. They, "distinguishing themselves in a variety of fields, but especially public service, believed they were successful because of what they had learned from Dr. Nott."

F-17-27 Bus Trip to Weeksville and the Brooklyn Historical Society NY

Study Group Leader: Marcia Jamron
 Thursday: 9:00 AM - 5:00 PM
 One Session: 10/26/17
 Location: NYC
 Maximum: 54
 Course Fee: \$105



WEEKSVILLE! What is it? In 1968 the head of the Long Island Historical Society and a teacher of local Black history began a search of surviving Weeksville homes that were a largely forgotten piece of Brooklyn NY history. He failed to locate any homes by walking through the area. He enlisted a volunteer pilot to fly over Brooklyn and take aerial photographs. The photos revealed 4 wood frame houses hidden in an overgrown alley. The Society for the Preservation of Weeksville was formed followed by 30 years of fund raising and restoring; In 2005, through SAVE AMERICA'S TREASURES, a federal program, the houses were restored and open to the public. Come with ILR and learn about African-American Brooklyn culture, religion, music, James Weeks (a stevedore and ex-slave), and Colored School #2. The houses on Hunterfly Road are a New York City Landmark in a National Historic District, erected no earlier than the 1860s, along a road dating back to American Indian settlement. Discover the history of a Free Black Community. AFTER lunch, ILR will continue exploring the theme of African-American experience as we visit the Brooklyn Historical Society where we will view 2 exhibitions - "Brooklyn Abolitionists" and "Jackie Robinson's Legacy." Total cost \$105. Online or mail check to Marcia Jamron, 229 Karen Drive, Orange CT 06477. Meeting directions sent 1 week before trip.

F-17-28 Walk the High Line - NY City



Study Group Leader: Holly Chepow
 Thursday: 9:00 AM - 5:00 PM
 One Session: 10/19/17
 Location: NYC
 Maximum: 25
 Course Fee: \$5

The High Line is a 1.45 mile long linear park created on an elevated section of an unused historic freight line. We will

take the train to NY, then take the subway and walk about 5 blocks to the High Line. We will walk the High Line, viewing the landscape design and magnificent views of NYC. You must be in good physical condition, able to climb subway steps and walk a distance. Specific instructions on meeting will be sent to those registered for this course. Train fare, subway fare and lunch are on your own. A suitable lunch site will be arranged.

F-17-29 Short Hikes in the Greater New Haven Area

Study Group Leader: Leo Cristofar
 Thursday: 9:30 AM - 11:30 AM
 Four Sessions: 10/05/17 - 10/26/2017
 Location: TBA
 Maximum: 20
 Course Fee: \$10

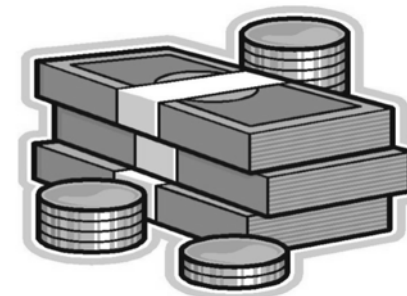


October 5, 12, 19, 26. Hikes of about 2 to 3 miles over varying terrain. Participants should be in good physical shape and wear sturdy footwear with non-slip soles (no sandals or flip flops). Specific directions to hike locations will be sent to those who register.

F-17-30 Financial Planning Basics in Retirement

Study Group Leader: Christopher Calandra CFA and Harold Hartmann CPA CFA
 Thursday: 10:00 AM - 11:00 AM
 Three Sessions: 10/05/17 - 10/19/2017
 Location: Albertus Magnus AH G9
 Maximum: 24
 Course Fee: \$10

October 5, 12, 19. This course will provide fundamentals of financial and tax planning during retirement. In this 3-week course, each class will focus on different strategies and steps you can take to make you more comfortable with your retirement finances. Week 1 will focus on Income Tax Planning; Week 2 will focus on Investment/Retirement Planning; Week 3 will focus on Estate Planning.

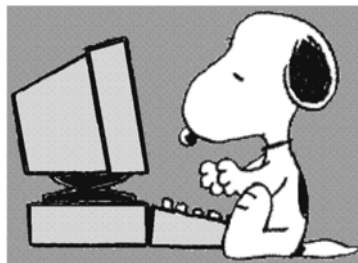


F-17-31 The Epic of Gilgamesh and the Contexts of Biblical Narrative

Study Group Leader: Joel N. Feimer PhD
 Thursday: 10:00 AM - 11:30 AM
 Six Sessions: 10/05/17 - 11/9/2017
 Location: Albertus Magnus CC 101
 Maximum: 25
 Course Fee: \$10



October 5, 12, 19, 26; November 2, 9. The narrative of Gilgamesh of Uruk is arguably the oldest epic to come down from ancient times. Gilgamesh appears in the King List of Mesopotamia, which dates him to the middle of the third millennium b.c.e. That time period is at least a thousand years before the exploits of the heroes of ancient Greece and predates the proposed dates for the exploits of the patriarchs of Israel by at least that long as well. When the epic of Gilgamesh was recovered from the ruins of the library of Ashurbanipal II during the mid-nineteenth century, it provided a scholarly challenge rivaling that of decoding the hieroglyphics of ancient Egypt. However, when keys to deciphering cuneiform texts were accomplished, the narratives they revealed sent shock waves through the Judeo-Christian world. Narratives of the creation of man, the interactions of human and the divine, the role of women in the divine agenda, and a deluge narrative predating that found in Genesis (6-9) presented biblical scholars and exegetes with fundamental challenges to their beliefs from a culture that disappeared in the middle of the first millennium b.c.e. In this class we will explore the epic and other relevant texts from Mesopotamia and use them as a screen against which to examine some of the best-known biblical narratives upon which are founded the received "truths" of western culture.

**F-17-32 Using Your Computer 101**

Study Group Leader: Susan Vallillo
 Thursday: 10:00 AM - 12:00 PM
 Two Sessions: 10/05/17 - 10/12/2017
 Location: UNH Orange Campus
 Maximum: 10
 Course Fee: \$10

October 5, 12. We will demystify working with a PC (not Mac). You will learn how to customize the window, set up your files

so you can find things you save, copy and paste files in new folders, figure out right click vs. left click and other tips. What is "upload" and what is "download" will be answered. We'll touch on the internet as well with lots of Q&A. There will be computers available, but if you have your own laptop, bring it with you. REQUIREMENTS: Must have basic mouse skills. Bring a flash drive, or purchase one at the class for \$5.

F-17-33 Remembering Katharine Hepburn

Study Group Leader: Ann Nyberg
 Thursday: 10:30 AM - 12:00 PM
 One Session: 10/05/17
 Location: Woodbridge Library
 Maximum: 60
 Course Fee: \$5



Ann Nyberg is a news anchor with WTNH TV, ABC 8 in New Haven, Connecticut. Ann has spent more than 40 years in broadcast television news. She is the longest serving full time female news anchor reporter in Connecticut television history. She is coming to ILR to speak about her most recently published book, "Remembering Katharine Hepburn."

F-17-34 South Africa - A Historical and Contemporary Perspective

Study Group Leader: Richard Dumbrell
 Thursday: 11:00 AM - 12:00 PM
 One Session: 10/26/17
 Location: Albertus Magnus AH G9
 Maximum: 40
 Course Fee: \$5

South Africa - A historical and contemporary perspective. Can it survive the current political, economic, and social headwinds impacting this young "rainbow" nation?

F-17-35 The Subtle Shades of Prejudice

Study Group Leaders: Sydney Perry, Imam Omer Bajwa, Rabbi Herb Brockman, Sharon Kugler and Subhash Choudhary
 Thursday: 12:30 PM - 2:30 PM
 One Session: 11/2/017
 Location: American Legion Hall, Orange CT
 Maximum: 75
 Course Fee: \$5



Most of us see ourselves as well-intentioned people who would not willingly discriminate against anyone on the basis of race, religion or culture. Or would we? Recent psychological studies have shown that we unknowingly discriminate even though we may not intend to. What do we need to know and do to overcome our own bias? Panel discussions by leaders from Muslim, Jewish, Christian and Hindu religions will explore these issues. Come and join the discussion.

F-17-36 Excel 101

Study Group Leader: Susan Vallillo
 Thursday: 1:00 PM - 3:00 PM
 Two Sessions: 10/05/17 - 10/12/2017
 Location: UNH Orange Campus
 Maximum: 10
 Course Fee: \$10



October 5, 12. For PC (not Mac). Excel is not only for numbers. There are many uses and once we understand the basics, we will prepare a budget, keep an address book, manage RSVP's, gift lists, etc. Learn how to sort, calculate and much more. Lots of Q&A time. There will be computers available, but if you have your own laptop, bring it with you. REQUIREMENTS. Must have basic mouse skills. Bring a flash drive or purchase one at the class for \$5.00.

F-17-37 Sacred Sites in Ancient Ireland

Study Group Leader: William Waldron
 Thursday: 1:00 PM - 2:00 PM
 One Session: 10/26/17
 Location: Albertus Magnus CC 101
 Maximum: 30
 Course Fee: \$5



A presentation on sacred sites in Ireland. We will start with sites in pre-Christian Ireland, sites like Newgrange, Knowth, Croagh Patrick, etc. The emphasis will be on sites with religious significance. We will also touch briefly on the period when Ireland was moving from pagan beliefs to Christianity.

F-17-38 Henry James and Edith Wharton- Great American Novelists in Conversation

Study Group Leader: Hedda Kopf
 Thursday: 2:00 PM - 3:30 PM
 Four Sessions: 10/12/17 - 11/16/2017
 Location: Albertus Magnus AH G9
 Maximum: 30
 Course Fee: \$10



October 12, 26; November 9, 16. The *Portrait of a Lady* by Henry James and *The Age of Innocence* by Edith Wharton are often considered "companion" pieces in their analysis and commentary on American versus European society and culture. Both novels explore characters, Isabel Archer (James) and Newland Archer (Wharton), who have become important figures in the literary landscape for more than a century. We will spend two weeks on *Portrait* (with a week in between classes), and two weeks on Wharton, perhaps adding a short novel, *Summer*, for the fourth class. Please note the date of each class meeting.

F-17-39 How Undemocratic is the EU as Frequently Indicated by Populists?

Study Group Leader: Mito Mardin PhD
 Friday: 10:30 AM - 12:00 PM
 Three Sessions: 10/13/17 - 10/27/17
 Location: Woodbridge Library
 Maximum: 60
 Course Fee: \$10



October 13, 20, 27. A review of the governing structure of the European Union with its Commission and Council next to the European Parliament. We'll also review the different government structures in major member states. The goal of this study group is to analyze how democratic or undemocratic the EU is depending on the point of view. This topic was frequently used (or abused) campaign fodder in recent elections

F-17-40 Visit to Yale's Institute for the Preservation of Cultural Heritage (IPCH)

Study Group Leader: Ian McClure
 Friday : 2:00 PM - 4:00 PM
 One Session: 11/17/17
 Location: Yale West Campus, West Haven
 Maximum: 20
 Course Fee: \$5



A visit to the IPCH conservation laboratory shared by the collections at Yale. This is an opportunity to see a range of conservation projects from the University Art Gallery, the Center for British Art, and the Peabody Museum of Natural History.

F-17-41 Detailing the Five Essentials for a Healthy Longevity

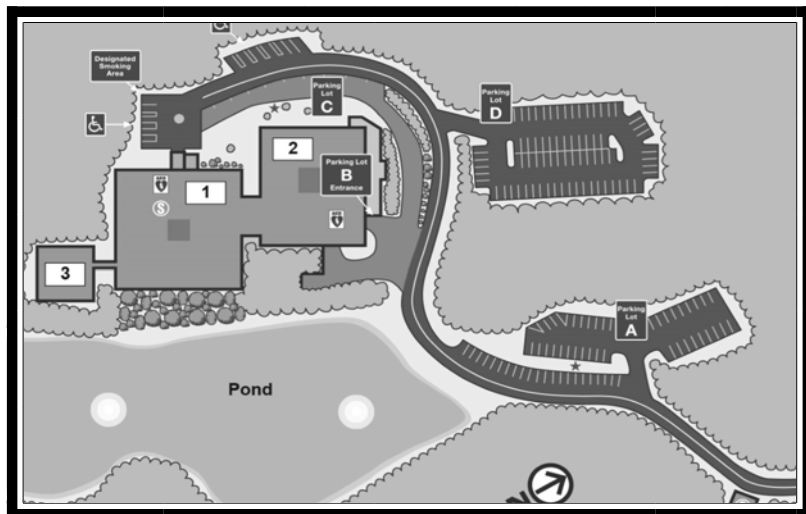
Study Group Leader: Dennis G. Bollier and Kerry Hardy RN
 Friday: 2:00 PM - 3:30 PM
 One Session: 10/06/17
 Location: Woodbridge Library
 Maximum: 60
 Course Fee: \$5



This 90 minute course details the five areas providing the greatest impact in adding vitality into a healthier lifestyle. The program opens with an explanation of slowing the aging process in discussing the nexus between WHAT WE EAT and WHAT WE BECOME. The first segment goes into "A Nutrient History Lesson: From the Book of Genesis, to Hippocrates, to Fast Food," and is then followed by four more segments on health support in our later years.

F-17-42 Visit to Yale's Institute for the Preservation of Cultural Heritage

Study Group Leader: Ian McClure (repeat of course F-17-40)
 Tuesday:: 2:00PM—4:00 PM
 One Session: 11/21/2017
 Yale West Campus, West Haven
 Maximum: 20
 Course fee: \$5 (see course description above F-17-40)



University of New Haven Orange Campus (UNH)

From Interstate 95 Northbound or Southbound

Take Exit 38 for Route 15/Merritt Parkway. Follow the connector to the end, to the Route 15/Merritt Parkway Northbound exit, follow route 15 Northbound instructions below.

From Route 15 Northbound

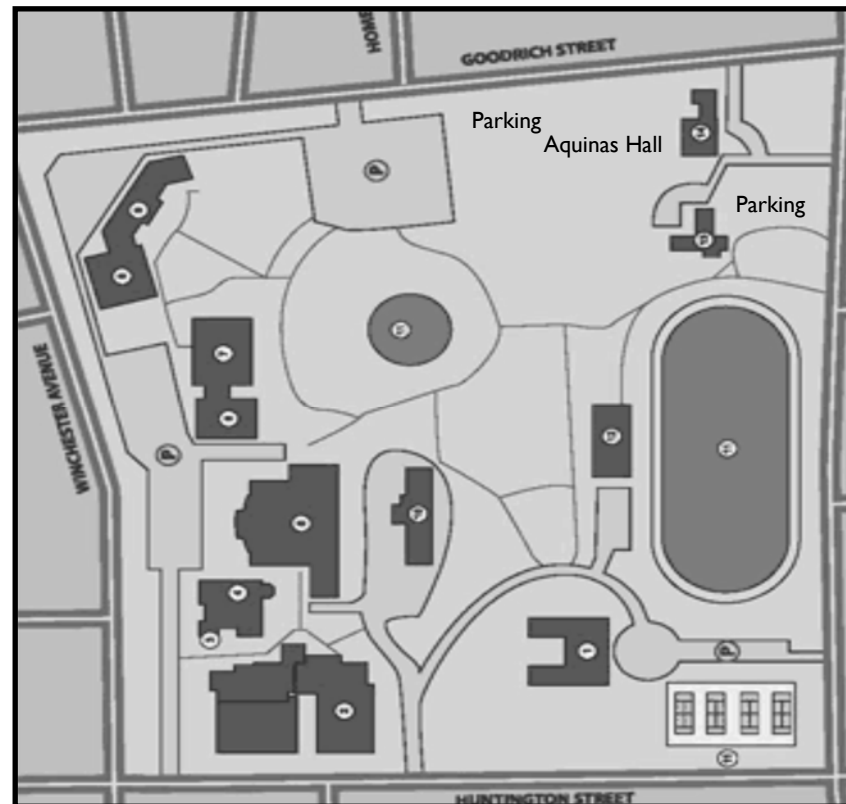
Take exit 56 for Orange Route 121/ Grassy Hill Road. At the traffic light at the end of the ramp turn left on Route 121.

Immediately after crossing over Route 15, turn left on Turkey Hill Road just before the entrance to Route 15 southbound. At the next stop sign, turn right on Turkey Hill Road, follow to end (approximately 1/2 mile). At the next stop sign, turn left on Derby Milford Road. Drive 0.6 miles and the entrance to the UNH Orange Campus will be on your right, immediately before passing over Route 15, at 584 Derby Milford Road

From Route 15 Southbound

Take exit 56 for Orange, Route 121/ Grassy Hill Road. After turning up the hill from the off-ramp, turn left on Turkey Hill Road, then turn right onto Turkey Hill Road. Follow to end (approximately 1/2 mile). At the stop sign, turn left at Derby Milford Road. Drive 0.6 miles and the entrance to the UNH Orange Campus will be on your right, immediately before passing over Route 15 at 584 Derby Milford Road.

Albertus Magnus Campus



Coming from Hamden. Take Exit 61 off Route 15 Parkway. Go south on Whitney Ave., 3.6 miles. Then go right at Huntington .4 miles, taking a right onto Prospect St. Then a quick left onto Goodrich St. Then take an immediate left into the Goodrich St. lot. Our classroom building, Aquinas Hall, is at the base of the hill on which you just parked.

Coming from Orange & other points South: Take Route 15 Parkway to exit 60 (Dixwell). Go Right at light onto Dixwell. Follow Dixwell to Morse. Go left on Morse. Then go right onto Prospect and a quick right again onto Goodrich. Immediately take another left into Goodrich parking lot and walk down the hill to Aquinas Hall.

To Whitney Center, 200 Leeder Hill Drive, Hamden**Coming from Points South & North:**

Take the Parkway to exit 60. At light, turn Right onto Dixwell if coming from South. Go Right onto Dixwell if coming from North. Go .9 miles. At traffic light (across from Executive Cleaners) take Left onto Treadwell. Go a short way on Treadwell. At traffic light, take Right onto Leeder Hill Drive. Go .7 miles to Whitney Center new building. Park on upper level of parking garage.



If you drive to old Whitney Center building, please park on street, not in lot.

6th Floor Common is located in older building.

Woodbridge Library
10 Newton Road
Woodbridge Connecticut 06525



Located off Rte 114 (Center Road) Woodbridge. If coming from North take exit 59 to Rte 63, go 2 miles to Center Road (Rte. 114). Go about 1 mile to Newton Road, turn right onto Newton and then take first left onto Meetinghouse Lane. Take first driveway into parking lot.



St.. Barbara Greek Orthodox Church
480 Racebrook Road
Orange, Connecticut 06477

From the Hamden, New Haven

Take Rt. 15 to Exit 57 (South) - 2nd exit after tunnel. At second light (Less than a mile) take right to Racebrook Road/ RT. 114 for 1.5 miles. Church is on the right.



Congregation Or Shalom
205 Old Grassy Hill Road
Orange Connecticut 06477

From the North

Heading South take Rte. 15, Exit 56 Orange. Bear right onto Grassy Hill Road Rte. 121. Turn left a traffic light onto Old Grassy Hill Road. Congregation Or Shalom is 1/2 mile on the left.



**Yale West Campus
West Haven, CT**

Take Exit 41 from I-95 south. Turn left at light. Turn left again heading towards I-95 but turning right at the intersection. The Yale West Campus is straight ahead. More detailed instructions will be given to those who register for the class.



Ameican Legion Hall
630 Grassy Hill Road
Orange CT

Located of Route 34 Derby Turnpike South



**THE INSTITUTE FOR LEARNING IN RETIREMENT INC.
AT ALBERTUS MAGNUS COLLEGE
P.O. Box 1156, Orange CT 06477**